



**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Health Promotion and Disease Prevention Committee Meeting  
 Tuesday, August 16, 2016  
 2:00 PM – 4:00 PM



TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (12)	<p><u>Chair:</u> Leyanee Perez, American Healthy Weight Alliance            Lisseth Guerra, Florida Department of Health in Miami-Dade County            Yasmin Dias Guichot, Health Foundation of South Florida            Tony Martinez, Hope for Miami            Anjana Morris, Health Council of South Florida            Nancy Vazquez, Florida Department of Health in Miami-Dade County            Monica Dawkins, University of Florida IFAS Extension            Lucette Talamas, Baptist Health South Florida            Arlene Nunez, Jackson Memorial Hospital            Lawren Bellamy, Miami Times</p> <p><u>Teleconference:</u>            Dorothy Parker, Sylvester Comprehensive Cancer Center            Herman Edward, Jessie Trice</p>	
Welcome and Introductions	The Consortium for a Healthier Miami-Dade Health Promotion and Disease Prevention Committee meeting was brought to order by Leyanee Perez at 2:05 pm. All members were welcomed and introduced themselves.	
Approval of Minutes	There was a motion to approve the July 2016 Health Promotion and Disease Prevention minutes by Yasmin Dias Guichot; the motion was seconded by Monica Dawkins.	
Community Health Improvement Plan (CHIP) Presentation	Nancy Vazquez (Florida Department of Health in Miami-Dade County) presented on the Community Health Improvement Plan (CHIP) and the health indicators that fall under the Health Promotion and Disease Prevention Committee.	



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<p>Miami Matters Presentation</p>	<p>Anjana Morris (Health Council of South Florida) provided a quick informational session on Miami Matters.</p> <p>The committee agreed to have a complete presentation during the next meeting, if possible.</p>	
<p>Executive Board Updates</p>	<p>Leyanee Perez (American Healthy Weight Alliance) mentioned that she was unable to attend the August Executive Board meeting.</p> <ul style="list-style-type: none"> <li>• Announced that elections for Chairs and Vice-Chairs will be taking place in November. Last date to nominate candidates will be in October.</li> </ul> <p>Anjana Morris (Health Council of South Florida) attended the meeting and provided the following information:</p> <ul style="list-style-type: none"> <li>- By-laws for the Consortium were reviewed</li> <li>- Annual Report was reviewed</li> </ul>	
<p>Workgroup/ PICH Updates</p>	<p><b><u>Healthy Happens Here Restaurant:</u></b></p> <p>Update provided by Leyanee Perez (American Healthy Weight Alliance):</p> <ul style="list-style-type: none"> <li>- A total 92 restaurants are now enrolled – not all 92 are fully implemented</li> <li>- Restaurant enrolled in August           <ul style="list-style-type: none"> <li>▪ Anacapri</li> </ul> </li> <li>- Green Apple Juice Lounge opened a second location – selling the Healthy Happens Here meals</li> <li>- Restaurants ready to be implemented in August           <ul style="list-style-type: none"> <li>▪ Shorty’s BBQ</li> <li>▪ Macondo Coffee Roasters</li> <li>▪ Prontissimo</li> <li>▪ Divino Ceviche (2 locations)</li> <li>▪ Aromas del Peru (5 locations)</li> <li>▪ El Floridita Fish Restaurant (2 locations)</li> </ul> </li> <li>- A sensory evaluation will be taking place soon in Ceviche Arigato</li> </ul>	



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	<ul style="list-style-type: none"> <li>- Restaurants implemented in July:             <ul style="list-style-type: none"> <li>▪ La Fresa Francesa</li> <li>▪ Mi Pueblo</li> <li>▪ El Rinconcito Latino (7 locations)</li> <li>▪ Pinecrest Bakery (9 locations)</li> </ul> </li> </ul> <p>All restaurants that have been fully implemented can be accessed through the following website: <a href="http://www.healthymiamidade.org/make-healthy-happen-miami/make-healthy-happen-map">http://www.healthymiamidade.org/make-healthy-happen-miami/make-healthy-happen-map</a></p> <p>Florida International University (FIU) is hosting a food contest with the theme “Healthy Happens Here”, where students are invited to come up with a healthy meal. Leyanee has offered FIU the opportunity of having the winning recipes implemented in restaurants participating in the Healthy Happens Here initiative within Miami-Dade.</p> <p><b><u>Health and Wellness Center (Liberty City Clinic):</u></b> Lisseth Guerra (Florida Department of Health in Miami-Dade) provided the following update on the Health and Wellness Clinic in Liberty City:</p> <ul style="list-style-type: none"> <li>- In the month of July: 16 clients and 16 Green Rx were given out. Three referrals were given out for high blood pressure.</li> <li>- In July there were two returning clients for their 3 month follow up with BMI, cholesterol, and blood pressure significantly lower.</li> </ul>	
Work Plan Review/Discussion	<p>The committee reviewed the work plan and suggestions made during the last meeting.</p> <p>Leyanee Perez (American Healthy Weight Alliance) talked about a potential policy change that the HPDP committee may start considering. A policy where all new restaurants in Miami-Dade must offer at least three healthy meals on their menu.</p>	



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Committee Partner Updates and Upcoming Events	Committee members provided individual updates: <ul style="list-style-type: none"> <li>- Baptist Health - South Miami Hospital Annual Health Fair will be taking place on October 23<sup>rd</sup></li> <li>- The 2016 Community Health Improvement Plan (CHIP) Annual Summit will be held in the month of December (exact date has not been determined)</li> <li>- Project Bridge is providing a free training in Youth Mental Health First Aid (YMHFA) to anyone who interacts with youth ages 12-18 or to parents of adolescents. <a href="http://www.hopeformiami.org/projectbridge">www.hopeformiami.org/projectbridge</a></li> <li>- The American Cancer Society Breast Cancer Walk will be taking place on Saturday, October 8<sup>th</sup></li> </ul>	
Old Business	Consortium Newsletter Submissions <ul style="list-style-type: none"> <li>- If anyone is interested in submitting any information for the newsletter, please email <a href="mailto:Lisseth.Guerra@flhealth.gov">Lisseth.Guerra@flhealth.gov</a> <ul style="list-style-type: none"> <li>o Due by the 3<sup>rd</sup> week of every month, 150-200 words (please include a title, and if available pictures)</li> </ul> </li> </ul>	
New Business	None.	
Adjournment	The next meeting will be held on <b>Tuesday, September 20, 2016 at Beacon Center, 8323 NW 12st, Suite 212 Conference Room Miami, FL 33126</b> . The meeting was adjourned at 3:50 PM.	