



HEALTH AND THE BUILT ENVIRONMENT
 AIA MCAD ~100 NE 1st Ave 9:00am to 10:30am
 Tuesday March 11, 2014



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	Amelinda Loddo (AL) –FDOH MD Valerie Neilson (VN) – UM Karen Hamilton (KH) – SFRPC Wendy Wolf (WW) – Vizcaya Cheryl Jacobs (CJ) – AIA Teleconference: Daniel Manichello (DM)	
Welcome and Introductions	~ The monthly meeting of the Consortium for a Healthier Miami-Dade Health and the Built Environment Committee was brought to order at 9:40 AM by KH. ~ All members introduced themselves.	
Review and Approval of Minutes	~ The minutes from the previous Health and the Built Environment Committee meeting were reviewed. A motion to approve the minutes was initiated by VN and seconded by WW. The committee meeting was hosted at AIA’s new location on 100 NE 1 st Ave	
Executive Board Updates	KH and VN updated the committee on the last Executive Board meeting which took place on March 10th. The chairs and co-chairs listened to a presentation on the Healthy Happens Here initiative by Leyanee Perez. The Health Promotion and Disease Prevention committee has been working since year to finalize the concept and begin implementation. The Health Promotion and Disease Prevention Committee is working on a health initiative to support the Florida State Surgeon, Dr John H. Armstrong #1 concern “the challenge of weight. Sixty five percent of adults in Florida are either overweight or obese.” A new federal law – Section 4205 of the Patient Protection and	

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	<p>Affordable Care Act mandates nutrition labeling of standard menu items for chain restaurants, similar retail food establishments and vending machines. Non-impacted restaurants can voluntarily enroll in the program and receive federal preemption and liability protection.</p> <p>The Healthy Happens Here initiative aims to facilitate non-impacted restaurants to adopt some of the federal requirements by offering three to four healthy meals that meet specific dietary guidelines. Dietitians will partner with restaurant owners to help them implement healthier menus. Spot On will aid restaurant owners in promoting their healthy meals via Facebook and a phone app. Consumers will receive rewards, motivation and education at participating establishments and via social media.</p> <p>Consortium members can help build a citywide network of participating restaurants by promoting the initiative and facilitating enrollment of interested restaurants, cafeterias, and similar retail food establishments.</p> <p>Members also discussed the upcoming Consortium Annual Event. It was explained that a save the date for Friday April 25th would be sent out for members to begin the RSVP process.</p> <p>At the annual event there will be 4 committee panel presenters on what the committees have done so far. There will also be an opportunity for the committees that are not presenting to provide information/brochures at the event.</p>	
Discussion	<p><u>Direction of the HBE Committee</u> The committee discussed creating a work plan with goals and timeline for the upcoming year.</p> <p>Activities discussed to include in the work plan included having</p>	



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	<p>member highlight presentations at monthly meetings to bring awareness of health & built environment related efforts committee members are involved in.</p> <p>The possibility of the HBE committee become a clearinghouse of information about all things related to health & the built environment was also mentioned. However a clear project should be detailed that is meaningful and tangible.</p> <p>Another point brought up during discussion was ways to educate the community about Health & the Built Environment. During the Fit City 2014 conference it was not feasible to engage the community in the way the committee had initially hoped. It may be wise to earmark future grant monies for the purpose of getting vendors to the event or provide a discount for community members. The Public Working Group presentation is another way to educate key players about health and the built environment.</p> <p>A multimodal map which was first discussed at the HEAT training would be useful for the community. The map would highlight where there are several transportation options like the mover, bike path ...</p> <p>Daniel volunteered to present the idea at the next CPAC meeting. Cheryl would be interested in having it on display for the visitors center.</p> <p>The committee discussed first collecting of available south Florida transportation maps to see how these could be cohesively combined.</p> <p>The committee identified that the Bike Walk Run 305 effort is working on developing a map of bike paths connecting historical land marks around downtown Miami. The Committee also mentioned the Bike305 pocket map that provides a approximately 20 mile long bike route from Key Biscayne to Black Point Park and</p>	
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	<p>Marina south of Cutler Bay with 39 points of interest along the way. It may be of use to speak to the ULI to determine the next steps which should be taken.</p> <p>The members also considered Kaboom popup parks in the discussion of the next goal for the committee. Kaboom requires that the community come up with \$8,500 for the popup park. In order to earmark grant funds for this project the committee would need to tie this into a specific research project.</p> <p>The committee also discussed focusing on an idea to submit to the Public space challenge. At the next meeting the committee will work on identifying a possible community.</p> <p>Yet another possibility would be to produce training sessions that HBE could make available to the community. Ideas included Fit city adjusting design guidelines to Miami, WHO trainings, Complete streets continuing the conversation, How to engage elected officials, How to engage organizations on complete streets, How to be your own lobbyist, how to take a concept from idea to implementation, etc.</p>	
Member Updates	<p>VN</p> <p>Complete Streets Policy meeting: Community was able to voice opinions on complete streets in Miami.</p> <p>Bike305.com: March Florida Bike Month April 5 Miami Heat Cycle for Safety Event at AAA 9am-12pm.</p>	



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Closing/Adjourn	The meeting was adjourned at 10:50am Next meeting will be on April 8, 2014 at AIA 100 NE 1 st Ave 9:00am to 10:30am	
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