## Members Present

Karen Hamilton (KH) – SFRPC  
Marta Viciedo (MV) – MCAD  
Wendy Wolf (WW) – Vizcaya  
Gayle Dietz (GD) – Dietz & Assoc.  
Sabine Delouche (SD) – UM WalkSafe  
Samantha Sater (SS) – HCSF  
Larissa Vilmenay (LV) – FDOH-MD  
Dahian Kruh (DK) – Urban HS  
Paola Plevak (PP) – MCAD  
David Henderson (DH) – MPO  
Jan Ding (JD) – FDOH – Miami-Dade (FDOH-MD)  
Ileana Alexander (IA) – WIC Dietetics Intern  
Andrea Sparano (AS) – HCSF  
Margaret Sotham (MS) – Healthy West Kendall  
Cheryl Jacobs (CJ) – MCAD  
Laurent Saint-Louis (LS) – UM

## Welcome and Introductions

- The monthly meeting of the Built Environment Committee Consortium for a Healthier Miami-Dade Health and was held at AIA MCAD and brought to order at 9:00 AM by KH.
- All members introduced themselves.

## Review and Approval of Minutes

- The minutes from the December Health and the Built Environment Committee meeting were reviewed.
- A motion to approve the minutes was initiated by GD and seconded by SS.
### Executive Board

SS updated members on January Executive Board meeting. CDC site visit discussed updating progress of PICH initiatives. The FDOH in Miami has applied for the Robert Wood Johnson Foundation “Culture of Health” award and was invited to round 2. Cash prize of $25,000. The award was written using all of the work that the committees are doing under the PICH grant.

Starting discussion of Annual Consortium event and will be held in April.

Update on PICH and committee initiatives:

- Worksite wellness: quarterly forum on February 4th.
- Elderly issues: mobility event on Feb. 29th.
- Marketing: Make Healthy Happen bus wraps are currently ongoing and commercials will be airing early this year.
- Health Promotion: healthy restaurants looking to spread to airports and malls.
- Tobacco: Smoke-free multi-unit public housing resolution passed in Miami-Dade County. Currently, meetings being held with directors to discuss plan implementation for this year.
Discussion

KH updated members on orientation meeting. 3 major PICH initiatives being monitored: community linkages, childcare initiatives, tobacco. Projects under HBE: Active Design Miami, Park and Recreation/Park utilization, and healthy corner stores.

PICH grant update

MV updated members on MCAD progress with Active Design Miami: A resolution was drafted and anticipated to get on committee agenda in February. Training workshop with overview of Active Design on Thursday, Jan. 14th at MCAD. Main topics: Active transportation, active recreation, active buildings and access to healthy food.

Fit City: Feb. 19th – theme: Active transportation
Fit Nation: UMSA committee meeting with Commissioner Levine – to feature exhibit at South Dade Government Center.

Vice-chair nominations

Elections were held. Cheryl Jacobs was unanimously elected to be the *new* vice president. *Correction: New vice-chair*

Presentation

JD and MS presented Green Prescriptions to members. It is a part of PICH initiative with Healthy Hubs which encourages people to become physically active by participating in fitness activities such as walking and taking a fitness class at local parks. The goal is that those with significant findings from Healthy Hubs screenings will be given a Green Prescription to encourage them to take charge of their personal health.

Members input for Green Prescriptions:
- Add website linking to GreenPrescriptions
- Indicate which parks are available to go to

Facebook: https://www.facebook.com/MiamiHBE
Twitter: https://twitter.com/Miami_HBE
#WeBuildHealthy
**Health and the Built Environment**

9:00am to 10:30am  
Tuesday January 12, 2016

<table>
<thead>
<tr>
<th>Member Updates</th>
</tr>
</thead>
<tbody>
<tr>
<td>JD – Elder mobility event at United Way on February 29th. A separate e-mail will be sent to committee for RSVP.</td>
</tr>
<tr>
<td>LS – UM Faculty interested in coming to HBE Meeting (Feb 9/March 8) to present. Currently, ongoing healthcare studios that have architecture students taking design classes with healthcare focus at UM.</td>
</tr>
<tr>
<td>AS – at HCSF assisting in conducting evaluations for PICH grant.</td>
</tr>
<tr>
<td>SD - UM WalkSafe/Pre-K and SPED populations to assess environment and infrastructure in schools. BikeSafe program – is working on curriculum implementation.</td>
</tr>
<tr>
<td>MV - Fit City planning, representation from planners/architects, municipalities, parks, policymakers are needed.</td>
</tr>
<tr>
<td>PP – Project implementation coordinator at MCAD. Previous work included: Earth institute at Miami-Dade College. Sustainable urban living.</td>
</tr>
<tr>
<td>WW – Several initiatives ongoing at Vizcaya Village. Includes pedestrian and cyclists, involving master planners with county colleagues. Building relationships and partnerships with small farmers in the South Dade area. By invite only, hosting dinner for farmers, recruited local chefs for farmers to provide healthy choices. Primary partner is Edible South Florida. Use to begin an award program for farmers. As a way for county to recognize farmers. Small pilot kitchen garden, purchase ticket for al fresco dinner.</td>
</tr>
</tbody>
</table>

**Facebook:** https://www.facebook.com/MiamiHBE  
**Twitter:** https://twitter.com/Miami_HBE  
#WeBuildHealthy
**Health and the Built Environment**

9:00am to 10:30am  
Tuesday January 12, 2016

<table>
<thead>
<tr>
<th>DK – Urban Health Partnerships. Implementing Healthy Community Zone in Broward, part of PICH grant. Working with Community liaisons. 4 cities in Broward county selected by morbidity and mortality rates in area to include: active transportation, active living, healthy eating, clinical/community linkages, tobacco &amp; drug free. 20 partners working together.</th>
</tr>
</thead>
<tbody>
<tr>
<td>DH - City of Miami - Little Havana Bike/pedestrian mobility plan. Next Bicycle/Pedestrian meeting on Jan.26th at Government City – for city of Miami to get information on transportation projects. Open meetings, can be placed on mailing list.</td>
</tr>
<tr>
<td>IA - Dietetic intern at Office of Community Health &amp; Planning.</td>
</tr>
<tr>
<td>MS - Assessing gaps. Preliminary reports asked residents what activity most wanted to see: healthy eating and walking. Tactical urban events to include kickoff event with walking school bus. Collaborating on organized bike ride events. Launching in West Kendall and Miami-Dade County-wide to include walking groups. Series of events to get people to think differently about environment.</td>
</tr>
</tbody>
</table>

**Closing/Adjourn**  
The meeting was adjourned at 10:42am

Next meeting will be on February 9, 2016 from 9:00am to 10:30am at AIA MCAD -100 NE 1st Ave Miami, FL.

**Facebook:** https://www.facebook.com/MiamiHBE  
**Twitter:** https://twitter.com/Miami_HBE  
#WeBuildHealthy