



## HEALTH AND THE BUILT ENVIRONMENT

9:30am to 11:00am  
Tuesday December 8, 2015



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	Karen Hamilton (KH) –SFRPC Anjana Morris (AM) –HCSF Samantha Sater (SS) – HCSF Cynthia Beaver (CB) –FDOH – Environmental Health (FDOH-EH) Maria Julia Moreno (MM) – FDOH-EH Larissa Vilmenay (LV) – FDOH-EH Marta Vicedo (MV)– MCAD David Henderson (DH) –MPO Jan Ding (JD) – FDOH – Miami-Dade (FDOH-MD) Amber Mills (AM) – FDOH-Manatee Gayle Dietz (GD) – Dietz & Assoc. Maria Negahbani (MN) – FDOH-MD Megan Jordan (MJ) – FDOH – Manatee Katy Wilbur (KW) – FDOH – Manatee Melissa Hernandez (MH) – FDOH – MD Margaret Sotham (MS) – Healthy West Kendall Cheryl Jacobs (CJ) – MCAD	
Welcome and Introductions	<ul style="list-style-type: none"> <li>- The monthly meeting of the Built Environment Committee Consortium for a Healthier Miami-Dade Health and was held at AIA MCAD and brought to order at 9:35 AM by KH.</li> <li>- All members introduced themselves.</li> </ul>	
Review and Approval of Minutes	<ul style="list-style-type: none"> <li>- The minutes from the November Health and the Built Environment Committee meeting were reviewed.</li> <li>- A motion to approve the minutes was initiated by CJ and seconded by MS.</li> </ul>	

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<p>Discussion</p>	<p>KH presented new and existing committee members the work plan as a living document, which is in accordance with guidance documents and aligned with Strategic Health Improvement Plan (SHIP), Community Health Improvement Plan (CHIP) and Partners to Improve Community Health (PICH) goals.</p> <p>Members discussed the history of HBE committee:</p> <p>CJ: Important to bring planners and architects to engage them. It's an important part of the discussion.</p> <p>KH: We want to know what keeps you coming to these meetings. How can HBE advance what you care about? That's why the HBE Workplan is a living document.</p> <p>KH: The HBE will assist the DOH with creating an Health Impact Assessment Community of Practice. The associated training would include a HIA 101 and 2-day HIA 201 trainings, with local case studies. The COP participants would work with an HIA expert to conduct three types of HIA; Rapid – 30 days, Intermediate – 6 months, and Comprehensive – 1 year. There would also be monthly calls and facilitated sessions to share information and augment training.</p> <p>MV: Miami is adapting NYC's Active Design Guidelines. Examples are complete streets, wider sidewalks, access to food, with active recreation – public play spaces, active buildings including staircases. It's about the little things that can change how we interact every day in the space and city.</p> <p>KH: Fit Nation is an exhibit that shows pictures of structures constructed using Active Design Guidelines and an adjunct to Fit City. Fit Nation is comprise of an electronic component and a</p>	
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	<p>printed copies that can be displayed. HBE is in the process of procuring sites within the Miami-Dade County.</p> <p>MS: The exhibit is portable. It combines art and culture with work. It has been presented to the art and culture council and can be up by late January. Would like to bring Fit City to places like Walmart, Home Depot and other public locations.</p> <p>MV: Advisory group to help with Active Design. Jan. 14th - first workshop and training. Include 4 major areas of NY guidelines and identify what is missing for Miami's location. The resolution has been agreed to be prime sponsored by Commissioner Daniella Levine Cava and co-sponsored by Commissioner Monestime.</p> <p>KH updated committee on the PICH orientation held last month at West Perrine. Team members covered four areas of PICH including:</p> <ul style="list-style-type: none"> <li>• Nutrition- Healthy restaurants, healthy corner store conversions</li> <li>• Physical activity opportunities – Active Design, Miami Dade County Parks: Miami Dade Parks has a tool that looks at utilization of parks. The infrastructure will be adjusted to see if they can increase usage of parks. Also, the initiative is working on increasing physical activity at worksites.</li> <li>• Tobacco and smoke free environments</li> <li>• Clinical linkages – Part of initiative includes working together with UM School of Public Health, Parks and Rec, and FDOH clinic in Liberty City.             <ul style="list-style-type: none"> <li>○ Healthy Hubs and Green prescriptions- include a component with parks and fitness.</li> </ul> </li> </ul> <p>All initiatives are about helping people to lead healthy lifestyles.</p>	
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	<p>Members updated committee on what Healthy Hub is: SS: Healthy Hub – at lobby of Baptist Hospital, people can get free screenings.</p> <p>MS: A composite score is based on American Heart Association “Life simple 7” - assesses blood pressure, BMI, physical activity, nutrition, cholesterol, blood sugar and tobacco. Over 5,000 people have been screened. Results indicate that 54% of people have a significant finding, most common is cholesterol. Currently working with Health Dept. on findings.</p> <p>The Healthy Hub has a concierge service for follow-up.</p> <p>SS: 4 locations: West Kendall, Homestead (mobile hub), Liberty City (limited days, working out the logistics), eventually to West Perrine. Targeting those more at risk.</p> <p>MS: Evaluation will occur every 3/6/12 months – a healthy hub nurse is responsible for follow –up.</p> <p>Discussion on nominations for Vice-Chair of HBE:</p> <p>KH: Vice-chair works in concert with the chair. We talk about what kind of meetings we’d like to have, the work plan, activities to be involved in. Sets the tone for the meetings. Social media component. Executive committee meeting. Work to make sure you have the balance of planning, health, etc. to have that diversity.</p> <p>Cheryl Jacobs expressed interest.</p> <p>Elections will be held in January.</p>	
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Member Updates	<p>GD –FL Academy of Dietetics, possible Fit City in Tampa area for annual meeting. Discuss HBE and access to food for health and built environment.</p> <p>CB – Will see more involvement with EH, because HIA training was just held with EH. Working on CHIP</p> <p>AM – part of CDC fellowship program: learning about built environment. Food action in the county. Working on food access and open playground.</p> <p>DH – MPO is working on building support for better walking and biking environments. MPO funding with City of Miami. Miami Beach is building own bike and pedestrian plans.</p> <p>CJ –Planning for Fit City advisory group. Planner’s technical committee – representative from all the municipalities. Meet at MCAD. Reaching to as many partners as possible. American Institute of Architects and joint session. Make a difference in the community. Working with Center for Active Design in NYC. Knight foundation grant to show how design can help with public engagement.</p> <p>KH – Wrapping up Public Health impacts of sea level rise FAU, FIHI (FL Institute for Health innovation) and South Florida Regional Planning Council.</p> <p>MS: Hosted Commissioner Cava last week, presentation included active design guidelines. Agenda for county driving meeting. Healthy West Kendall –kicking off walking program. Hope to be adopted. Will be a systems wide endeavor. Spirituality work group will be part of this support. CHNA –including mental health and</p>	
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	<p>urban planners.</p> <p>KH: DOH is interested in applying for the Robert Wood Johnson's "Culture of Health" prize. Culture of Health recognized that health is more than healthcare. That good health can be achieved through access to healthy food, active transportation, recreation, clean air, jobs, better wages, good quality and inexpensive housing.</p> <p>MH - Liaison for worksite wellness. Liberty City clinic starting in January.</p> <p>GD – Fit City next date: Feb. 19th.</p>	
Closing/Adjourn	<p>The meeting was adjourned at 11:15am</p> <p>Next meeting will be on January 12, 2016 from 9:00am to 10:30am at AIA MCAD -100 NE 1st Ave Miami, FL.</p>	

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