

# HEALTH AND THE BUILT ENVIRONMENT



## 9:30am to 11:00am Tuesday April 12, 2016

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	Andrea Sparano (AS) – Health Council of South Florida (HCSF) Brady Bennett (BB) – HCSF Cheryl Jacobs (CJ) – Miami Center for Architecture and Design (MCAD) Chris Scott (CS) – Code for Miami David Henderson (DH) – Miami-Dade Metropolitan Planning Organization Gayle Dietz (GD) – Dietz & Assoc. Jan Ding (JD) – FDOH – Miami-Dade (FDOH-MD) Karen Hamilton (KH) – South Florida Regional Planning Council Kristina Brown (KB) – Miami Dade Parks and Recreation, Open Spaces Margaret Sotham (MS) – Healthy West Kendall Marta Viciedo (MV) - MCAD	ACTION NEEDED
	Paola Plevak (PP) – MCAD Peter Wood (PW) – Health Foundation of South Florida Wendy Wolf (WW) – Vizcaya	
Welcome and Introductions	<ul> <li>The monthly meeting of the Built Environment Committee Consortium for a Healthier Miami-Dade Health and was held at AIA MCAD and brought to order at 9:25 AM by KH.</li> <li>All members introduced themselves.</li> </ul>	
Review and Approval of Minutes	<ul> <li>The minutes from the February Health and the Built Environment Committee meeting were reviewed.</li> <li>A motion to approve the minutes was initiated by DH and seconded by PP.</li> </ul>	
Executive Board	KH: Update on Annual Consortium Event occurring on Friday, April 15 <sup>th</sup> from 8:00am – 12:00pm. The theme will be on the "Culture of Health".  Breakfast will be provided. Members are encouraged to register early and attend the event. Invites to RSVP have been sent out.	
PICH grant updates	Active Design:  MV: Drafted up Active Design guidelines including details of planning & zoning perspective (+buildings)  CJ: Currently working with county and municipalities  MV: Showed examples of health and built environment internationally – including city streets, transit, dense populations with mixed uses, and access to parks. These components make people more active.	

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	Recap on Fit City Conference:	
	MV: Fit City 3 (2/19) was well attended this year. There were interactive sessions. This year's theme was on Active Transportation.	
	CJ: We are now looking for volunteers for Fit City in 2017.	
	Healthy Restaurant update:	
	KH: Health Promotion/Disease Prevention committee with the Healthy Restaurant initiative has 45 restaurants enrolled in the program with 16 that have implemented healthy meals. Sergio's updated their "La Flaca" menu to include menu options with less sodium and less calories.	
	Members discussed ways to advertise the healthy menus including updating their "La Flaca" to incorporate image and messaging that appeals to both genders.	
Member updates	MS: Fit Nation is on display at Baptist Hospital. Working on having it on display at Homestead Hospital. Piloting 4 schools to walk and take school bus program. National Walk to School Day in October. 5 <sup>th</sup> Anniversary event to include Zumba and Miami Foundation Public Space – Fitness Zones. Baptist Run Clubs meet weekly.	
	GD: Attended Eiko Otake performance at Vizcaya on April 1st. It involved interacting with the audience through a dance performance and walking tour.  WW: It was a partnership with Tigertail productions, who are doing a month long programming on water.	
	CS: In Sweetwater, Code for Miami implemented a tracker for their bus trolley system. Code for Miami was awarded as a finalist for the 2016 Knights Cities Challenge.	
	WW: Vizcaya participated in "Take child to work" day. In March, 50 families explored village and gardens as part of Vizcaya piloting programs. The Village is not yet open to the public, but will be reconnecting with the community through various piloting programs. Late Spring will open the restored Village and make it a public experience.	
	PW: HFSF has a Change Lab contract which Miami Gardens is currently reviewing its policy for access to foods and physical activity. Draft should be completed in May and released in June. Through another grant with South Miami and Hialeah, there will be a review of Complete Streets policy. City of Hialeah wants to incorporate a health element to their master plan. Call for Public Space Challenge. Little Havana – Safe Streets and Safe People wants to incorporate Action Plan	

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	to increase active transportation/reduce fatalities and bicycle crashes. Intergovernmental action plan around complete streets and active transportation.	
	AS: Introduced Brady Bennett, new staff at HCSF.	
	DH: Little Havana Bike Plan – there will be a public meeting in May. Bike to School Day on May 3 <sup>rd</sup> . Bike Safe through Dade Heritage Trust on May 4 <sup>th</sup> . Monthly Bike Tours. Bicycle Committee Meeting on 4/26 <sup>th</sup> .	
	KH: Dr. Brown presenting @ next HBE meeting in May.	
	CJ: Art installation as part of "Parks at Our Door: Planning Miami-Dade's 21st Century Park System" – on display from 4/12 – 4/28.	
Closing/Adjourn		
	The meeting was adjourned at 10:23am.  Next meeting will be held on May 10 <sup>th</sup> from 9:30am to 11:00am at AIA MCAD -100 NE 1st Ave, Miami, FL.	

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