# Consortium for a Healthier Miami-Dade

Children Issues Committee Meeting
Thursday, July 25, 2013

<table>
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<tr>
<th>TOPIC</th>
<th>DISCUSSION</th>
<th>ACTION NEEDED</th>
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</table>
| Membership Total (12) | Alina Soto - Committee Chair, Department of Children and Families  
Shanika Watson, Florida Health in Miami Dade County  
Charlotte Waddell, Florida Health in Miami Dade County  
Joanne Palenzuela, University of Miami  
Dr. Ruby Natale, University of Miami  
Anthony Rouzier, Henry Gets Moving  
Dr. Asit Sarkar, Florida Health in Miami Dade County  
Lisa Stuart, University of Miami  
Carla Timm, Radio Disney  
**TELECONFERENCE:**  
Suzette Frazier, Department of Children and Families  
Natalia Coletti, Healthy Start Coalition of Miami Dade  
Jamie Forrest, Florida Asthma Program, Florida Health in Miami Dade County | |
| Welcome and Introductions | The monthly meeting of the Consortium for a Healthier Miami-Dade Children Issues Committee was brought to order by Alina Soto at 10:01 A.M.  
All members were welcomed and introduced themselves. | |
| Approval of Minutes | There was a motion to approve the June 2013 Children Issues minutes by Dr. Ruby Natale; the motion was seconded by Anthony Rouzier. | |
Charlotte (FL Health in Miami Dade County) gave a presentation today on the Community Health Improvement Plan (CHIP) to address all items in the State Health Improvement Plan. This is a review of the ongoing efforts. A matrix was created to tie all the objectives of the State Health Improvement Plan on how we can implement the activities that support those objectives here locally in Miami Dade. This presentation was also presented at the Executive Board meeting on July 15, 2013. A handout of recommended Children Issues Committee objectives was also given to the committee as a sample.

One of the recommended Children Issues committee objectives discussed was Objective HP4.1.2, the developing and implementing of a statewide early childhood safety and drowning prevention campaign. Joanne, UM, mentioned parenting classes for water safety are offered at the University of Miami. Dr. Ruby Natale, UM, mentioned the University of Miami has a safety prevention program called Injury Free Mobile. This is a water mobile van that looks like a house and goes into the community- you can view all the safety issues in this van. For example, viewing a kitchen to see all of the safety issues. They also have an assimilation of a pool and the safety measures behind it. This is known as one of the top drowning cases in Florida. The Florida Department of Health also has an asthma prevention program in which Anthony Llau, Epidemiology, was mentioned as the person of reference. Healthy Homes and the Lead Prevention program was also mentioned by The Florida Department of Health’s Asit Sarkar as to providing education and deliverables on pool safety and alarms for the underserved.

Another objective discussed on the handout was Objective CD1.3.6: serving healthy foods in schools and food kitchens. Charlotte inquired where to gather data for the Measure of Success regarding schools tracking students’ body mass index as part of the Healthy Schools Program. Alina mentioned Head Start can be an option for gathering this data.

Other recommended Children Issues Committee Objectives were briefly discussed as possible suggestions.

Dr. Natale inquired if there were any CHIP objectives for early childhood obesity,
## Work Plan Status Update

since the ones mentioned during the presentation were school aged. Charlotte commented that the State Health Improvement Plan did not identify early childhood obesity. However, early childhood obesity can be addressed as an issue on the CHIP that is currently being developed by the FL Department of Health in Miami Dade’s Consortium Initiative Advancement Team. The Community Needs Household Survey Assessment was recommended by Charlotte when committees are developing strategies for the CHIP. The Community Needs Household Survey can be found on the Consortium’s website at [www.healthymiamidade.org/resources/reports-publications](http://www.healthymiamidade.org/resources/reports-publications).

Deferred until August 2013 meeting.

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**Newsletter – CI committee members:**

- If anyone is interested in submitting any information for the newsletter, please e-mail shanika_watson@doh.state.fl.us or to amelinda_loddo@doh.state.fl.us

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**By mid September, CI committee to redevelop and define work plan.**

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**Partner Updates**

Asit (FL Health in Miami Dade County)

Mentioned FL Asthma Coalition and FL Health in Miami Dade County are partnering together for the Asthma Friendly Childcare centers. Last year 4 bronze certificates were given to 4 daycare centers. This year they are planning to give certificates to 6 daycare centers. The certifications are for being trained on being an asthma friendly center. Asthma friendly child care center trainings will take place consisting of a 1 hour training, pre and post tests. They are also looking for elementary schools to become involved as Asthma Friendly elementary schools. There are 6 criterias to get bronze level. Jamie, FL Health in Miami Dade County provided the website information on childcare and school initiatives at [www.floridaasthmacoalition.com](http://www.floridaasthmacoalition.com). Childcare center staff can get the asthma friendly childcare center online training at this website as well.

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Dr. Ruby Natale and Anthony will submit a newsletter for September 2013.
Joanne (University of Miami)
Mentioned they have a program called Project SALT: Self Advocacy Leadership Training that help young adults ages 18-30 or 22-30 with disabilities transition out of the mailman center program teaching them self advocacy skills. Joanne also mentioned FIU has a panther program that helps young adults who finish high school transition to this program. It is 3-4 years where the young adults go to class and have an academic mentor, a job coach and faculty advisor that follows them throughout the 3-4 years ensuring they have job placement.

Anthony (Henry Gets Moving)
September is Childhood Obesity Awareness Month
Suggested for the September 28, 2013 field day event they get sponsors together to make gift bags for kids that can possibly be transferred over to the CHIP initiative. The question Alina brought up is do we want to make this September 2013 field day event part of the work plan and what is its sustainability. Anthony agreed to this notion. He is currently coordinating the field day event. He also welcomed the idea of collaborating with Health Promotion and Disease Prevention committee on the health component for this initiative. Anthony also spoke about the creation of Henry’s Hustle- a fun dance activity kids can do that incorporates physical activity. He plans on working with a DJ for music and filming kids doing the Henry Hustle at the September event.

Dr. Ruby Natale (University of Miami)
A year ago wrote an article based on the CPPW grant (Communities Putting Prevention to Work) regarding child care centers on the needs assessment data and the quality of nutrition and physical activity and family child care homes verses child care centers. Dr. Natale mentioned it was accepted for publication entitled the Early Journal of Childhood Education.

Anthony to complete a Community Health Outreach Program (CHOP) form so the field day event can be posted on the Consortium calendar.
Finding a way to incorporate Anthony’s Henry Gets Moving book into the CHIP.
### Natalia Coletti (Healthy Start Coalition)

On Saturday, September 7, 2013 there will be a Baby Friendly Summit in Broward county. All of the hospitals in Miami Dade county are invited to participate. This will include educational sessions as well as a panel discussion in which the Healthy Start Coalition will be participating. They will discuss progress done in South FL towards getting these hospitals designated as Baby Friendly hospitals by Baby Friendly USA. This is the 2nd annual summit. They are assisting with promotion in getting a lot of hospitals represented in Miami Dade county. There are currently no Baby Friendly hospitals in Miami Dade County, Monroe or Broward County.

### Jamie Forrest (FL Asthma Program, DOH)

There is a district level award offered for the Florida Coordinated School Partnership and the Florida Action for Healthy kids. At this point about 23 districts have been awarded. Miami Dade has never applied. It focuses on 8 components of the comprehensive school health model. The website provided was [www.healthydistrict.com](http://www.healthydistrict.com) for more information.

### Alina

Alina mentioned the Executive Board update is all about the work plan, Community Health Improvement Plan and the topic areas. The work plan was the main topic at the meeting where committees need to define what this is.

### New Business

Dr. Steve Marcus- Health Foundation awarded the Consortium with $1,200 towards each committee. Committee will discuss how this stipend could be used in the August meeting.

Alfie Leon (Florida International University) will be nominated as Co-Chair for Children Issues committee in August meeting. Formal nominating process will take place during August meeting.

After the Children Issues meeting was adjourned, Dr. Ruby Natale held a raffle of Bed Bath & Beyond product for the committee.
### Old Business

Questions for the CI Committee and Discussion from previous June 27th meeting:

Alina’s suggestion: Find 3 goals we can support based on the findings of the MAPP priorities. Community Health Improvement Plan derived from the State Health Improvement Plan will incorporate these MAPP priorities. Community Health Improvement Plan meeting will take place in October 2013 at the United Way Building, where committees will share strategies they have come up with. For more information on these reports, visit the Consortium website at [www.healthymiamidade.org/resources/topic-areas](http://www.healthymiamidade.org/resources/topic-areas)

What are you currently doing in your everyday work that we can collectively support that speaks to those items on the CHIP (Community Health Improvement Plan)?

What deliverables can we support as a group? Ex. Oral Health component, Lactation, Breastfeeding, physical activity.

Charlotte (DOH) - suggested main priority area for Children Issues committee to focus on is obtaining a healthy weight component, due to the activities the committee is already doing. Alina mentioned that Dr. Ruby Natale and Anthony would benefit from this.

Evelyn Sullivan (Guardian Ad Litem Program) - mentioned interest in #19 the Injury and Violence Prevention component of the MAPP priority for further discussion with Alina.

Ian (DCF) - mentioned interest in #7 the Socioeconomic Factors Impacting Health component of the MAPP priority for further discussion with Alina.

Alfie Leon (FIU) - to take on #18 the Oral Health component of the MAPP priority.

Jeannie Necessary (Common Threads) - mentioned interest in #5 the Nutrition and Physical Activity component of the MAPP priority, since the focus is on childhood obesity.
| **CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
  **Children Issues Committee Meeting**  
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<td><strong>Charlotte (DOH)</strong>- mentioned to CI committee if there are any performance indicators that your agency tracks as measures of success for your efforts so the FL Department of Health can incorporate them into the CHIP strategy. Data source is needed for every measure of success.</td>
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<td><strong>Upcoming Events</strong></td>
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| Florida Department of Health providing free vaccines for kids at  
West Perrine Health Center  
18255 Homestead Avenue  
Miami, FL 33157 |
| Little Haiti Health Center |
300 NE 80th Terrace  
Miami, FL 33138 |
| Downtown Clinic |
1350 NW 14th Street  
Miami, FL 33125 |
| North Miami Clinic |
14101 NW 8th Ave  
North Miami, FL 33168 |
| Diabetes Awareness Event- November 17, 2013 tentatively (4pm-7pm)  
by Charlene Meriedy (Event Coordinator for City of Miami Gardens)  
3000 NW 199 St  Miami Gardens, FL 33056 |
| **Adjournment** |
| The next meeting will be held on **Thursday, August 22, 2013** |
| The meeting was adjourned at 11:55 AM. |