FLORIDA DEPARTMENT OF HEALTH WINS CULTURE OF HEALTH PRIZE

The Robert Wood Johnson works in building a national Culture of Health. Their goal is to help raise the health of everyone in the United States to the level that a great nation deserves, by placing well-being at the center of every aspect of life. RWJF honors and elevates U.S. communities that are making great strides in their journey to better health and well-being. The Culture of Health Prize recognizes communities that are coming together so all residents have the opportunity to live longer, healthier lives. From a pool of approximately 200 applicants only seven communities were selected to receive the prestigious award, and we are happy to announce that Miami-Dade County has been selected as a prize winner! Miami-Dade County has over 900 hundred members representing various organizations that have teamed up with the Consortium for a Healthier Miami-Dade in order to make schools healthier, adopt safer streets, and ensure the overall well-being of the community as a whole. The Consortium for a Healthier Miami-Dade consists of seven committees that target issues from a variety of angles.

FLORIDA DEPARTMENT OF HEALTH WINS CULTURE OF HEALTH PRIZE

MANAGING STRESS: PROTECTING YOUR HEALTH

Managing Stress: Protecting your Health. Join us in this conversation cafe event to discuss resolutions to improve our health by taking proactive steps to reduce stress. Learn to identify the factors that cause job stress and implement programs that can monitor and decrease stress levels. This event will take place at the Florida Department of Health located on 8600 NW 17th Street, Suite #200 Doral, FL 33126. Please click to RSVP! For additional information please contact, Melissa Hernandez, 305-234-5400 ext. 2589, Melissa.Hernandez@FLHealth.gov

Zika Testing for Pregnant Women
Free of Charge

On Thursday, October 6, 2016 the Consortium for a Healthier Miami-Dade is offering a free open community forum: "Managing Stress: Protecting your Health." Join us in this conversation cafe event to discuss resolutions to improve our health by taking proactive steps to reduce stress. Learn to identify the factors that cause job stress and implement programs that can monitor and decrease stress levels. This event will take place at the Florida Department of Health located on 8600 NW 17th Street, Suite #200 Doral, FL 33126. Please click to RSVP! For additional information please contact, Melissa Hernandez, 305-234-5400 ext. 2589, Melissa.Hernandez@FLHealth.gov

COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP)
FIGHT THE FLU! GET VACCINATED
QUICKS FACTS
EVENTS CALENDAR

Consortium Connection
“Healthy Environment, Healthy Lifestyles, Healthy Community”

Volume 6, Issue 10

October 2016

FLORIDA DEPARTMENT OF HEALTH WINS CULTURE OF HEALTH PRIZE

MANAGING STRESS: PROTECTING YOUR HEALTH

FUN FOR WELLNESS

FREE ZIKA TESTING

Community Health Improvement Plan (CHIP)

Fight The Flu! Get Vaccinated

Quicks Facts

Events Calendar

This application developed by the University of Miami is designed to improve your well-being! Click the picture for more information!

Zika Testing for Pregnant Women
Free of Charge

18255 Homestead Avenue
Miami, FL 33157
&
1350 NW 14th Street
Miami, FL 33125
for information call 305-324-2400
Hours of Operation 8:30 am - 3:00 pm

Consortium For A Healthier Miami-Dade
Sponsored by the Florida Department of Health in Miami-Dade County

Mark your calendars!

On Thursday, October 6, 2016 the Consortium for a Healthier Miami-Dade is offering a free open community forum: "Managing Stress: Protecting your Health." Join us in this conversation cafe event to discuss resolutions to improve our health by taking proactive steps to reduce stress. Learn to identify the factors that cause job stress and implement programs that can monitor and decrease stress levels. This event will take place at the Florida Department of Health located on 8600 NW 17th Street, Suite #200 Doral, FL 33126. Please click to RSVP! For additional information please contact, Melissa Hernandez, 305-234-5400 ext. 2589, Melissa.Hernandez@FLHealth.gov

We have a freedom that few others have to really experiment and innovate. Aligning Forces for Quality is an example of this philosophy in action." —Risa Lavizzo-Mourey, president and CEO of the Robert Wood Johnson Foundation

Fun for Wellness
improve your well-being
COMMUNITY HEALTH IMPROVEMENT PLAN (CHIP) ANNUAL SUMMIT

Save the date! On Friday, December 9th the Consortium for a Healthier Miami-Dade will be hosting its first Annual CHIP Summit. The Summit will focus on the five strategic areas: 1) Access to Care, 2) Health Protection, 3) Community Redevelopment, 4) Chronic Disease Prevention, and 5) Health Finance and Infrastructure. Click on the picture for more information!

FIGHT THE FLU! - GET VACCINATED

October is the start of the Fight the Flu month Campaign! The CDC is currently running the campaign as the flu virus peak times run between the months of October to March. Raising awareness is key to getting children and adults vaccinated in order to control and/or prevent the spread of the flu virus. The CDC recommends that everyone six months of age and older should get vaccinated each flu season. Being vaccinated can help reduce flu illnesses, doctors’ visits, missed days from both work and school, and prevent flu-related hospitalizations. Flu shots are approved for use in pregnant women and people with chronic health conditions. There are flu shots that also are approved for use in people as young as 6 months of age and up. CDC recommends use of the flu shot (inactivated influenza vaccine or IIV) and the recombinant influenza vaccine (RIV). If you would like more information regarding the flu season Click here.

OCTOBER EVENTS CALENDAR

2 WEST KENDALL BAPTIST HOSPITAL, BAPTIST HEALTH FOUNDATION AND ZOO MIAMI ZOOLOGICAL SOCIETY OF FLORIDA - "4TH ANNUAL ZOO RUN 5K"
Location: 12400 SW 152 Street, Miami, FL 33177
Time: 7:30 - 11:30 AM

3 "CHILL’N WITH THE CHILDREN’S BEREAVERSMENT CENTER"
Location: 8271 SW 124th St, Pinecrest, FL 33156
Time: 2:00 - 10:00 PM

6 WEIGHT MANAGEMENT SUPPORT GROUP
Location: West Perrine Health Center 18255 Homestead Ave, Miami, FL 33173
Time: 4:45 - 5:45 PM

Managing Stress: Protecting Your Health
Location: 8600 NW 17 St, #200, Doral, FL 33166
Time: 9:00 - 11:30 AM

8 AMERICAN BREAST CANCER WALK
Location: Marlins Park, 501 NW 16th Ave, Miami, FL 33132
Time: 7:00 - 9:00 AM

10 TIPS TO REACH A HEALTHY WEIGHT!
Location: Baptist Primary Care Center at Galloway, Suite 260, 7400 SW 87 Ave, Miami, FL 33173
Time: 7:00 - 8:30 PM

23 SOUTH MIAMI HOSPITAL "SPOOK-TACULAR HEALTH-O-WEEN"
Location: Palmer Park, 6100 SW 67 Ave, Miami, FL 33143
Time: 1:00 - 4:00 PM