The Florida Department of Health in Miami-Dade County’s Consortium for a Healthier Miami-Dade held its Seventh Annual Florida Worksite Wellness Awards luncheon on Thursday, May 5, 2016 where it proudly announced the winners of the 2016 Florida Worksite Wellness Awards.

The awards ceremony was presented in partnership with Marsh & McLennan Agency LLC, Baptist Health South Florida, and Tobacco Free Florida, and honored Florida companies that have demonstrated a commitment to employee wellness and whose programs produced positive health outcomes. The winner of the small employer category – with less than 500 employees, was Baldwin Krystyn Sherman Partners, an independent insurance brokerage firm with 111 employees. The mid-sized category winner, with 500 to 1,000 employees, was Henderson Behavioral Health, a successful provider of recovery services for persons with co-occurring disorders in Florida. They employ 658 full time employees. The winner of the large employer group category, businesses with more than 1,000 employees, was the City of Fort Lauderdale, a top-performing city district in Florida with over 2,300 employees.

The awards presentation was emceed by Univision Network News Anchor Andrea Linares. Dr. Judd Allen, Ph.D., delivered the keynote address on “Wellness Leadership: Creating Supportive Environments for Healthier and More Productive Employees” which detailed ways to engage executives, managers, wellness committee members, and other wellness champions in creating wellness cultures. Congratulations to the winners of the 2016 Florida Worksite Wellness Awards!
Injuries are a leading cause of disability for people of all ages — and they are the leading cause of death for Americans ages 1 to 44. The good news is everyone can get involved to help prevent injuries.

During National Safety Month, the Consortium for a Healthier Miami-Dade is working with community members to help reduce the risk of injuries. This June, we encourage you to learn more about important safety issues like prescription painkiller abuse, transportation safety, and slips, trips, and falls.

Prescription painkiller abuse: Prescription painkiller overdoses are a growing problem in the United States, especially among women. About 18 women die each day from a prescription painkiller overdose. This rate is four times higher than in 1999.

Transportation safety: Doing other activities while driving — like texting or eating — distracts you and increases your chance of having an accident according to the CDC. Almost 1 in 5 crashes (17%) that injured someone involved distracted driving.

Slips, trips, and falls: One in 3 older adults falls each year. Many falls lead to broken bones and other health problems.

You can make a difference. Find out ways to help reduce the risk of these safety issues [here](#).

### Infant Mortality Community Meeting

The Florida Department of Health in Miami-Dade County is pleased to announce it will be hosting a community meeting to discuss Florida Healthy Babies.

Florida Healthy Babies is a collaborative, statewide initiative designed to positively influence social determinants of health and reduce racial disparities in infant mortality. The Florida Department of Health in Miami-Dade County conducted a County Infant Mortality Analysis. Though Miami-Dade County has seen declining infant mortality rates; racial and ethnic disparities continue to exist.

The Florida Healthy Babies Community Meeting will consist of a presentation highlighting the County Infant Mortality Analysis, an open dialogue with the public, community leaders, organizations, and officials to brainstorm root causes and solutions around disparities with the goal of developing an action plan to improve the health of all babies in Miami-Dade County.

The meeting will take place at 7415 Corporate Center Drive, Suite H, Miami, FL 33126 on Friday, June 17, 2016 from 8:30 AM-3:30 PM. [Click here to RSVP](#).

### Events Calendar

**JUNE**

**FREE FAMILY FIT CAMP**
Location: 12321 SW 18 Terr Miami, Florida 33175
Time: 6PM - 7PM

**THE ASCENSION COMMUNITY BASH**
Location: 11201 SW 160th St. Miami, Florida
Time: 1PM - 6PM

**FLORIDA HEALTHY BABIES COMMUNITY MEETING**
Location: 7415 Corporate Center Drive, Suite H, Miami, FL 33126
Time: 8:30AM -3:30PM

**EATING TO LOSE WEIGHT WORKSHOP**
Location: 15150 Bull Run Road Miami, Florida
Time: 6:30AM -7:30PM

**FREE KUNDALINI YOGA CLASS THURSDAYS!**
Location: Miami Marriot Dadeland, Miami FL
Time: 11:30AM -2:30PM

**FREE FAMILY FIT CAMP**
Location: 12321 SW 18 Terr Miami, Florida 33175
Time: 6PM - 7PM

**THE ASCENSION COMMUNITY BASH**
Location: 11201 SW 160th St. Miami, Florida
Time: 1PM - 6PM

**FLORIDA HEALTHY BABIES COMMUNITY MEETING**
Location: 7415 Corporate Center Drive, Suite H, Miami, FL 33126
Time: 8:30AM -3:30PM

**FATHER’S DAY FESTIVAL**
Location: 2490 Coral Way, Miami, FL 33145
Time: 9:30AM -11:00AM