

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
Worksite Wellness Committee Meeting
Thursday, July 10, 2025
10:00 a.m. – 11:30 a.m.

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (5)	Virtual Via the Microsoft Teams Platform 1. Vicki Zou, Florida Department of Health in Miami-Dade County (Committee Liaison) 2. Islamiyat Nancy Adebisi, Florida Department of Health in Miami-Dade County 3. Louisenie Remy, Jackson Health Systems (Roxcy Bolton Rape Treatment Center) 4. Kate Edelson, NAMI Miami-Dade 5. Tenesha Avent, March of Dimes	
Welcome and Introductions	The Worksite Wellness Committee of the Consortium for a Healthier Miami-Dade meeting was brought to order at 10:04 a.m. by Islamiyat Nancy Adebisi.	
Approval of Minutes	There was a motion to approve the March 2025 Worksite Wellness meeting minutes by Tenesha Avent and the motion was seconded by Vicki Zou.	
Executive Board Update	The Executive Board updates were provided by Islamiyat Nancy Adebisi. The Executive Board met in person last week on Monday, June 9, 2025. • The Consortium Event Planning Taskforce has begun to convene and met on Friday, April 4, 2025 and Thursday, April 17, 2025. The Taskforce discussed the purpose of the event, tentative date/time, theme (Miami Vice), venue locations (Miami Vineyard, Milander, UM Alumni Center, and FIU), reviewed past promotional materials, and sponsorship packages. The Taskforce has also started to review draft materials for this year's event. The Taskforce has conducted the site visits for both venues they were looking to host the event: Miami Vineyard and the Milander. The next planning meeting will be on Tuesday, June 24, 2025. Please contact your committee liaison if interested in attending or signing up to be a part of the Taskforce. • The Board has approved the digital brochure as well as DOH Communications. This is now going to be shared with the Consortium members to invite new members and interested partners to join the Consortium. There were also discussions once approved, to translate in Spanish and Creole. • The Board also continues the conversation on optimal health and addressing the drivers of health.	
Previous Action Items	• Florida Worksite Wellness Awards and Consortium Annual Event Taskforce is open for sign-ups. If any committee members are interested in joining, please reach out to the committee liaison. A Doodle Poll will be sent out to schedule the next meeting. Islamiyat Nancy Adebisi answered questions about Worksite Wellness Award nominations, applications, etc. Promotional materials will be sent out once confirmed.	

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Performance Measures in Need of Improvement	Islamiyat Nancy Adebisi led the committee's discussion on additional ways to further promote the message of being healthy on top of utilizing forums, webinars, and podcasts to educate on the value of healthy lifestyles and health promoting environments to worksites. Committee members shared the following suggestions: • Increasing awareness of certain health observance months and the importance of organizations and businesses being mindful of these health observances • Looking into resources that help organizations evaluate increased productivity due to encouragement of healthy behaviors in employees can promote the message as well. • Adding mental health resources and wellness activities to the list of discussion topics from the Health and Built Environment (HBE) Committee on top of the existing list of mental health, stress management, tobacco cessation, family work-life balance, spending time with kids, and healthy workplaces. • It may be more beneficial to have more hospital partners/admins/workers since many clinicians take a lot of their work home mentally. Promotion of adequate rest is important for those clinicians. • Getting colleges such as University of Miami and Miami-Dade College involved. • Reaching out to organizations that have a Corporate Wellness person in charge.	
Recognition of Improved Performance	• Islamiyat Nancy Adebisi shared about the success of the Community Health Improvement Plan (CHIP) Annual Meeting hosted by the Florida Department of Health in Miami-Dade County and the Consortium for a Healthier Miami-Dade on Monday, June 23, 2025 at the FIU Wolfe University Center. During the meeting, we reviewed the results of the Mobilizing for Action through Planning and Partnerships (MAPP) assessments that will help inform the 2025-2030 Community Health Improvement Plan (CHIP), and participants voted on the new 2025-2030 CHIP priority areas: Access to Care, Chronic Disease, Behavioral & Mental Health, Maternal Child Health, and Healthy Weight/Physical Activity/Nutrition. Thank you to everyone who attended and engaged in the discussion.	
New Business	• Islamiyat Nancy Adebisi shared details about the Worksite Wellness Awards that will be hosted in combination with the 22nd Consortium Annual Event by the Consortium for a Healthier Miami-Dade. The event will be on Friday, September 19, 2025, and located at the Milander Center for Arts & Entertainment. • Islamiyat Nancy Adebisi also shared that the Worksite Wellness Committee vice chair elections will be launched soon.	
Partner Updates	• Louisenie Remy shared that the Roxcy Bolton Rape Treatment Center provides informational presentations regarding wellness, including sexual assault topics. If anyone is interested in these services or have any tabling events to invite them, please reach out to Louisenie Remy.	

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	Kate Edelson shared that NAMI is hosting a kick-off for a mental health faith-based conference in August. The kick-off will take place at the Little Haiti Cultural Center, and the event brings together faith leaders and mental health advocates to share information and collaborate.	
Adjournment	The meeting was adjourned at 10:42 a.m. The next Worksite Wellness Committee virtual meeting is scheduled for Thursday, September 4, 2025, from 9:30 a.m. to 11:00 a.m. via Microsoft Teams.	