

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
Worksite Wellness Committee Meeting
Thursday, March 6, 2025
9:30 a.m. – 11:00 a.m.

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (10)	Virtual Via the Microsoft Teams Platform 1. Chair: Willie Sanchez, City of Hialeah 2. Vicki Zou, Florida Department of Health in Miami-Dade County (Committee Liaison) 3. Candice Schottenloher, Florida Department of Health in Miami-Dade County 4. Louisenie Remy, Jackson Health Systems (Roxcy Bolton Rape Treatment Center) 5. Darren McCray, City of Miami 6. Tenesha Avent, March of Dimes 7. Kate Edelson, NAMI Miami-Dade 8. Sara Batrony, SB Pro Writing Services 9. Jair Espinoza, City of Miami 10. Islamiyat Nancy Adebisi, Florida Department of Health in Miami-Dade County	
Welcome and Introductions	The Worksite Wellness Committee of the Consortium for a Healthier Miami-Dade meeting was brought to order at 9:41 a.m. by Vicki Zou.	
Approval of Minutes	There was a motion to approve the January 2025 Worksite Wellness meeting minutes by Candice Schottenloher and the motion was seconded by Tenesha Avent.	
Executive Board Update	The Executive Board updates were provided by William Sanchez. The Executive Board met in-person at the Health Council of South Florida on Monday, February 10, 2025. • The Consortium has completed its nomination and elections process for the Co-Chair positions. The new Executive Board Co-Chairs will be Dr. Cristina Brito and Mr. Robert Hill. • The new Board has begun to discuss and form the Planning Taskforce for the Consortium Annual Event that will be merged with Worksite Wellness Awards Ceremony. This event will be hosted in 2025. If any committee members are interested to sign-up to be a part of the Taskforce, please reach out to the committee liaison. • The Board is working to create a digital brochure format with the elevator speech and health agenda message info when meeting with interested partners to join the Consortium. When this is available, it will be shared with the full Consortium. • The Board continues the conversation on optimal health and addressing the drivers of health. • Updates were also shared on the topic of food insecurity, and the Mayor's Initiative on Food and Nutrition For All Collaborative.	
Previous Action Items	• Florida Worksite Wellness Awards and Consortium Annual Event Taskforce is open for sign-ups. If any committee members are interested in joining, please reach out to the committee liaison. A Doodle Poll was sent out to schedule the first meeting in late March/early April.	

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Performance Measures in Need of Improvement	William Sanchez led the committee's discussion on additional ways to further the message of being healthy and staying fit on top of utilizing forums, webinars, and podcasts to educate on the value of healthy lifestyles and health promoting environments to worksites. Tenesha Avent brought up the idea to have incentives for the community to participate in educational events. William Sanchez suggested partnering with local businesses (e.g. restaurants, food trucks, corporate sponsors) to provide those incentives that would draw people to the event in the first place. Kate Edelson suggested the idea of looking at which key partners we are already working with that can fill in the gaps.	
Recognition of Improved Performance	- Vicki Zou shared that the Community Health Action Team (CHAT) of the Florida Department of Health in Miami-Dade County has been hosting the Passport to Health employee health screening events at various FDOH locations over the past few weeks. The goal of these health screenings is to raise awareness about one's health numbers, risks for chronic disease, and benefits of a healthy lifestyle to ultimately reduce the incidence of overweight/obesity and chronic disease. These health screening events have been successful in getting employees to check up on their overall health as well as providing more opportunities to promote our Well-being Survey, which can be found here: https://www.surveymonkey.com/r/2025_Wellbeing. Candice Schottenloher added on that CHAT is our team that goes out into the community to do different classes, health fairs, community events, and presentations. If anyone would like to request CHAT or other DOH services for an event that they are hosting, please fill out the Community Health Event Request (CHER) form here: https://www.healthymiamidade.org/forms/community-health-event-request-form/ - William Sanchez shared about his meeting with Robert Hill from the American Heart Association as well as the city of Hialeah's emergency response director about how to leverage resources to improve the city.	
New Business	Vicki Zou shared some updates on the Mobilizing for Action through Planning and Partnerships (MAPP) process: - The Florida Department of Health in Miami-Dade County held the closeout meeting for the Community Health Improvement Plan (CHIP) on Friday, January 31, 2025. The annual review presented findings and shared the status of indicators from the 2019-2024 CHIP. - On Wednesday, January 29, 2025, the Florida Department of Health in Miami-Dade County's Office of Community Health and Planning launched the Well-being Survey, which measures the health status, health needs, and gaps in healthcare in the community. The results of the survey will lead to the development of the 2025-2030 Community Health Improvement Plan (CHIP) that addresses the real health challenges residents face. The Survey is available in multiple languages: English, Spanish, and Haitian Creole. The Well-being Survey can be found here: https://www.surveymonkey.com/r/2025_Wellbeing	

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Partner Updates	• Willie Sanchez shared that City of Hialeah is currently hiring for the summer of 2025. Those interested can apply in-person at Hialeah City Hall or via email at HRResumes@hialeahfl.gov. The application deadline is Wednesday, April 30, 2025. Their Summer Job Fair will be on Tuesday, March 18, 2025, from 4:00 p.m. to 8:00 p.m. at Milander Center. The job fair is free and open to the community. • Sara Batrony shared that SB Pro Writing Services recently had a health fair educational seminar two weeks ago in Miami Gardens. Updates will be shared later if there are any new ones coming up. • Louisenie Remy shared that Roxcy Bolton Rape Treatment Center is looking to do a few events for April, which is Sexual Assault Awareness Month, such as an art show in support of survivors and a panel to engage men and boys at a barber shop. If any members would like to partner with Roxcy Bolton RTC for these events, please reach out to Louisenie via email at louisenie.remy@jhsmiami.org or via phone at 305-585-5185. • Kate Edelson shared a reminder for NAMI's free annual Walk for Mental Health Awareness fundraising event will be on Saturday, May 10, 2025, at the Loan Depot Park Marlins Stadium. To sign up for the Walk: https://namiwalks.org/miami. • Kate Edelson also shared that her team at Leadership Miami is working on a project with Hope for Miami in which they build a learning lab for families and kids to access technology to increase English proficiency. They are aiming to complete the project by June. The Leadership Miami Project Pitch Night, where all the different teams share their projects, fundraise, and connect, will be on Wednesday, March 12, 2025, from 6:00 p.m. to 8:00 p.m. at the Newman Alumni Center. For anyone interested in supporting Kate's team, Team 2: https://web.miamichamber.com/atlas/events/project-pitch-night-leadership-miami-46-spring-5175/details • Tenesha Avent shared that March of Dimes is now in their walk season and will be having their kickoff on Wednesday, March 12, 2025. The actual walk will be on Saturday, May 3, 2025. Anyone interested in participating can join.	
Adjournment	The meeting was adjourned at 10:27 a.m. The next Worksite Wellness Committee virtual meeting is scheduled for Thursday, July 10, 2025, from 10:00 a.m. to 11:30 a.m. via Microsoft Teams.	