

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
Worksite Wellness Committee Meeting
Thursday, September 5, 2024
9:30 a.m. to 11:00 a.m. EST

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (14)	<ol style="list-style-type: none"> 1. William Sanchez, City of Hialeah (Committee Vice Chair) 2. Tenesha Avent, March of Dimes 3. Lilia Bandrich, United Healthcare 4. Louisenie Remy, Roxcy Bolton Rape Treatment Center 5. Amanda Nicol, F Fentanyl 6. Lily Hernandez, My Psych 7. Jeanna Tamargo, Informed Families Initiative of the Florida Family Partnership 8. Angel Bosch, Dade County Medical Association 9. Kate Edelson, NAMI Miami-Dade 10. Darianna Andujar, Florida Department of Health in Miami-Dade 11. Frantzia Jeanty, Florida Department of Health in Miami-Dade (Intern) 12. Candice Schottenloher, Florida Department of Health in Miami-Dade (Committee Liaison) 	
Welcome and Introductions	The September 2024 monthly meeting of the Consortium for a Healthier Miami-Dade Worksite Wellness Committee was brought to order at 9:35 am. by William Sanchez. All members were welcomed.	
Approval of Minutes	There was a motion to approve the September Worksite Wellness meeting minutes by Tenesha Avent, the motion was seconded by Candice Schottenloher.	
Informed Families: The Florida Family Partnership Presentation	Jeanne Tamargo, Project Consultant, with Informed Families Initiative of the Florida Family Partnership presented an overview of the program and highlighted the importance of Red Ribbon Week in October. Ms. Tamargo communicated the initiative's mission to help kids grow safe, healthy and drug free by sharing evidence-based substance use prevention messaging with families throughout South Florida and beyond. The presentation highlighted the importance of drug prevention education in light of increased substance use, particularly among adolescents. Informed Families outreach and education are primarily achieved through four annual prevention campaigns, namely Family Day (September 23rd), Red Ribbon Week (Oct 23-31), Lock your Meds (Jan-Feb), and Safe Homes Smart Parties (March-May). Other community-based activities include the Father's Initiative Week, parent peer groups, and tabling at health fairs and community-based events. Providing Red Ribbon Training and Certification to schools in support of creating a drug-free environment is also central to their engagement. For more information, please contact Jeanne Tamargo, at 305 305 1789 or via email at pjtamargo@informedfamilies.org .	The Informed Families Initiative was invited by Angel Bosch to table at the Jose Marti Health fair in partnership with the Dade County Medical Association on Sep 7 th and by Amanda Nicol to table a harm reduction event with F-fentanyl on Oct 6th.

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Executive Board Update	<p>The Executive Board met virtually on Monday, August 12, 2024. Updates were shared on the topic of food insecurity, and the Mayor's Initiative on Food and Nutrition For All Collaborative. The Mayor's Initiative on Food and Nutrition For All Collaborative hosted a stakeholder strategy meeting on Friday, June 28, 2024 at the Miami-Dade County Main Library @ Government Center. The collaborative has been able to establish pillars that they will focus their efforts on which include Policy & Procedures, Funding, Nutrition Guidelines, and Food Pantries & Distributors. This strategy meeting was Phase 1. They are looking to transition into Phase 2 which includes Engagement Letters to be sent out within the next 2 weeks. The Board also continues the conversation on COVID-19, optimal health, and addressing the drivers of health.</p>	
Performance Measures in Need of Improvement	<p>The committee discussed two performance measures in need of improvement and further discussion on. These included the following.</p> <ul style="list-style-type: none"> • Determine service gaps and identify needs by creating, distributing, and collecting surveys from local worksites. • Identify activities and goals based on past worksite wellness presentation. <p>Committee member Louisenie Remy of the Roxy Bolton Rape Treatment Center offered to table health and community resource events and to provide a presentation on services provided, including medical examinations, support groups, and prevention education. Presentation to be scheduled for November Committee meeting.</p> <p>Member Kate Edelson also informed the committee of the NAMI Miami-Dade newly developed Stigma-free workplace presentation meant to foster awareness of mental health and address related concerns among employees. This will be offered soon. Ms. Edelson further mentions the suicide awareness and prevention training currently available to businesses and the Mental Health Film Festival in October.</p>	Community partners were encouraged to provide flyers for upcoming community events to be shared.
Recognition of Improved Performance	<p>The committee discussed the successful incorporation of gun safety into an educational social media campaign. Candice Schottenloher shared that UM MD/MPH student interns have made contributions to the campaign, including a gun safety infographic shared on the consortium media pages. Information included was drawn from resources shared by the committee, who was encouraged to continue providing more. The other work plan activity that was highlighted for its success included: Identify and recruit key worksite wellness partners. Candice Schottenloher reported 12 new partners were successfully recruited to the Worksite Wellness Committee.</p>	
New Business	<p>Ms. Schottenloher provided a recap of the community partner assessment of survey results webinar held on Friday August 23rd. A total of 49 surveys were completed and 67 attendees participated in the review. During the webinar, community partners provided valuable feedback and engaged in critical</p>	

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CPA Survey Results	thinking activities, including discussion of barriers to provision of services. Next steps in the community health planning process would be to launch the community well-being survey as well as community focus groups. Further updates will continue to be shared when available.	
FWWA Overview & Discussion	In anticipation of the upcoming Florida Worksite Wellness Awards (FWWA), William Sanchez prompted committee members to share ideas to better show appreciation for community partners that are demonstrating healthy worksites and policies in their workplace. Candice Schottenloher provided an overview of the Florida Worksite Wellness Awards and proposed merging the event with the Annual Consortium Event, another event where partners come together. Ms. Schottenloher elaborates this would provide more networking opportunities in line with partner interests. Several committee members expressed support of unifying the events.	
Partner Updates	<p>Committee members were able to briefly announce their current work/initiatives/ projects.</p> <ul style="list-style-type: none"> • Angel Bosch expressed a desire to expand communications and outreach throughout Dade County to assist community members in gaining access to care. Amanda Nicol of F-Fentanyl suggested Care Resource as a potential partner. • William Sanchez reports that City of Hialeah is showing strong support of gun violence reduction. Recent initiatives include the mayor's address on the matter, and programs led by the police department domestic violence team. • Candice Schottenloher shared that in addition to planning the launch of the community health survey, mosquito borne illness flyers and wellness school flyers will also be disseminated soon. Ms. Schottenloher also mentions upcoming office travel plans for conferences, pending further details. 	
Adjournment	The meeting adjourned at 10:45 a.m. The next Worksite Wellness Committee virtual meeting is scheduled for, from 9:30 a.m. to 11:00 a.m. via Microsoft Teams.	