

Consortium for a Healthier Miami-Dade  
 Worksite Wellness Committee  
 Meeting Minutes  
 Thursday, October 1, 2015



TOPIC	DISCUSSION	ACTION NEEDED
Members Present	1. Arlene Nuñez, Jackson Health System 2. Chelsea Couceiro, Florida Department of Health in Broward County 3. <u>Vice Chair</u> : Dr. M. Enrique Flores, Shin Wellness 4. Fabio Quintero, Fabimar Harmony 5. Helena Denham-Carter, Miami-Dade County 6. Islamiyat Nancy Adebisi, Florida Department of Health in Miami-Dade 7. Ivis I. Guerra, Baptist Health South Florida 8. Jeannie Moise, Miami Dade College 9. Karen Clarke, City of Miami Gardens (Via Teleconference) 10. Katiana Diaz, YWCA of Greater Miami-Dade (Via Teleconference) 11. Kim Tillman, Royal Caribbean Cruises Limited 12. <u>Chair</u> : Marlene Rodriguez, Bayview Asset Management 13. Nathan Burandt, Florida International University 14. Samantha Sater, Health Council of South Florida 15. Samuel Shirley, Prudential 16. Sandra Jackson, Miami-Dade Aviation Department (Via Teleconference) 17. Whanadi-Ann Sobrevilla, Affinity for Wellness 18. Yasmene McDaniel, Jackson Health System 19. Yvonne Rose, Baptist Health South Florida	
Welcome and Introductions	Meeting was called to order by Dr. M. Enrique Flores, Committee Vice Chair, at 9:39 am. Committee members and guests introduced themselves.	
Minutes	Minutes for the August 6, 2015 committee meeting were reviewed. Edits were noted to the minutes. Sandra Jackson moved to approve the minutes with the noted changes. Nathan Burandt seconded that motion. The motion is approved.	

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<p>Executive Board and Committee Updates</p>	<ul style="list-style-type: none"> <li>○ Old Business:           <ul style="list-style-type: none"> <li>▪ Worksite Wellness Forum               <ul style="list-style-type: none"> <li>• The committee discussed the Worksite Wellness Forum that was held on Thursday, September 10, 2015. Members present described the event as an informative and useful. The program included a Welcome and Introduction by Marlene Rodriguez and presentations by Nathan Burandt and Dr. M. Enrique Flores.</li> <li>• The Exhibitor showcase included: Aquila, Fruit Fresh Delivery, Tobacco Prevention Program, Shin Wellness and a Consortium for a Healthier Miami-Dade display table.</li> <li>• Committee members shared what they are currently doing with their worksite wellness programs and the length of time it has taken to implement a comprehensive worksite wellness program.</li> <li>• The committee also briefly discussed the services offered to employers for worksite wellness through the PICH grant.</li> </ul> </li> </ul> </li> <li>○ New Business:           <ul style="list-style-type: none"> <li>▪ 2016 Worksite Wellness Awards Subcommittee               <ul style="list-style-type: none"> <li>• The Committee Chair gave a brief history on the Florida Worksite Wellness Awards and what is entailed with planning the event. The Chair also asked committee members to join the subcommittee to assist with the planning of the committee's signature event.</li> <li>• Subcommittee meetings will be held after monthly committee meetings and then will be held on a bi-weekly/weekly as the event draws near. The 2016 Florida Worksite Wellness Awards is slated for May 6, 2016.</li> <li>• A committee sign-up sheet was passed around for interested</li> </ul> </li> </ul> </li> </ul>	<p><u>Action Items:</u></p> <ul style="list-style-type: none"> <li>▪ Committee Liaison will email information about joining the Worksite Wellness Awards subcommittee to all committee members.</li> </ul>
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	<p>members to sign to join the committee. An email with information about joining the subcommittee will also be sent to all committee members.</p> <ul style="list-style-type: none"> <li>• During the discussion about the event, a suggestion was made to provide continuing education credits for GSHRM and Worksite Wellness certifications for attendees.</li> </ul> <p>○ Executive Board Update:</p> <ul style="list-style-type: none"> <li>▪ Healthy Happens Here Sticker           <ul style="list-style-type: none"> <li>• The committee reviewed the Healthy Happens Here sticker. Upon review, they made the following suggestions: make one sticker with both the QR code and social media symbols on it, add the tagline “Brought to you by” before the Consortium logo to make it clear that it is a campaign from the Consortium and to add the hashtag #joinhealthyhappenshere.</li> <li>• The Healthy Happens Here sticker for the Worksite Wellness committee will be customized to include “Supporting Worksite Wellness” in the large circle and in the small circle have “It Works Here”.</li> </ul> </li> </ul>	
<p>Wins: Successes, Awards, Recognitions, Worksite Policy and/or Environmental Changes</p>	<ul style="list-style-type: none"> <li>▪ Kim Tillman shared that Royal Caribbean Cruises Limited was recognized as one of the 2015 Top 100 Healthiest Places to Work.</li> <li>▪ Marlene Rodriguez shared that at Bayview Asset Management hosted a successful Wellness Day that focused on nutrition and physical activity at their Ft. Lauderdale office.</li> </ul>	
<p>Member Announcements/Upcoming Events</p>	<ul style="list-style-type: none"> <li>▪ The Miami-Dade Aviation Department will be hosting an Employee Health Fair on Tuesday, October 20, 2015. The event will have over 20 vendors, health screenings, stepping with the Miami Gardens Soul Steppers, stretching demonstrations and much more. For more information, please contact Sandra Jackson.</li> </ul>	

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	<ul style="list-style-type: none"> <li>▪ October is Breast Cancer Awareness Month. The YWCA of Greater Miami provides free breast cancer education to the community. To request a presentation for your worksite, please contact Katiana Diaz.</li> <li>▪ On October 3, 2015, the Miami-Dade Aviation Department will have a team participating in the American Cancer Society Making Strides Against Breast Cancer Walk.</li> <li>▪ Dr. Flores shared information about the Homeless Citizen's Stand Down event as a part of the City of Miami's Homeward Bound Project. Volunteers are needed to assist with helping the homeless get off the street tonight, October 1, 2015 at 9:30 pm.</li> <li>▪ Kiwanis of Little Havana will be hosting a Halloween fundraising event at Club 50. Tickets are \$25 and will fund local mentoring and education programs. For more information, please contact Ivis Guerra.</li> <li>▪ For organizations in need of backpack donations and related items for youth, please contact Whanadi-Ann Sobrevilla for more information.</li> </ul>	
Next Meeting	The next Worksite Wellness Committee meeting will held on Thursday, November 5, 2015 from 9:30 am - 12:00 pm at the Florida Department of Health in Miami Dade Beacon Center located at 8323 N.W. 12 Street, Suite 212, Miami, FL 33126.	
Adjournment	Committee Chair, Marlene Rodriguez, adjourned the meeting at 11:40am.	