

Health Promotion and Disease Prevention Committee Meeting May 20, 2025 2:00 p.m. – 3:00 p.m.



TOPIC DISCUSSION ACTION NEEDED Virtual Via the Microsoft Teams Platform 1. Chair: Leyanee Perez, The American Healthy Weight Alliance Vice Chair: Robert Hill, American Heart Association Vicki Zou, Florida Department of Health in Miami-Dade County (Committee Liaison) 4. Wilmar Mondestin, Sylvester Comprehensive Cancer Center/Behavioral and Community Shared Resources 5. Simone Cheong, West Kendall Baptist Hospital **Membership** Natalie Gray, Pharm. D. Jose Gonzalez, Century Risk Advisor **Total (41)** 8. Mayra Garcia, Florida Department of Health in Miami-Dade County 9. Dayamyra Perezfernandez, Florida Department of Health in Miami-Dade County 10. Roselaure Anstral, Family in Action Public Health Ministry 11. Pearl James-Isler, Jessie Trice Community Health System 12. Witson Faustin, Florida Department of Health in Miami-Dade County 13. Shabbir Motorwala, Universal Heritage Institute 14. Sarah Rodriguez, Florida Department of Health in Miami-Dade County 15. Michael Mut, Miami-Dade County Mosquito Control 16. Michelle Espinosa, United Way Miami 17. Lasonya Rodgers, Humana Healthy Horizons 18. Laurie Varona, Florida Department of Health in Miami-Dade County 19. Fong Loo, Fit Kids of America 20. Jesus E. Medina, Midway Specialty Care Center 21. Yesenia Villalta, Florida Department of Health in Miami-Dade County 22. Cindy Perez, Florida International University 23. Marie-Carmelle Lindley, Arts A L., Inc 24. Victoria Varela, Lotus House 25. Lucette Talamas, Baptist Health South Florida 26. Virginia Munoz, Florida Department of Health in Miami-Dade County 27. P. Jeanne Tamargo, Informed Families 28. Mimi Chacin, Common Threads 29. Aida Margarita Van Mossel, University of Miami SCCC 30. Melody Velez, United Healthcare Community and State 31. Stacey Silver, Mom's Meals 32. Tiffinie Bratcher, Aetna/CVS Health



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	 33. Carmen Teixeira, Alliance for Aging, Inc. 34. Tania Goitia, Sunshine Medical Supplies 35. Jose Acosta, FL 36. Ron Manning, University of Miami Ryder Trauma Center 37. Claudia Cassagnol, Sacred YOU Doula 38. Tiffany Albury, University of Miami 39. Triana Maria Abel Encarnacion, Center for Cognitive Neuroscience and Aging 40. Maria Holmes, AVN 41. Alejandra Godoy, AGAPE NETWORK 	
Welcome and Introductions	The Health Promotion and Disease Prevention Committee of the Consortium for a Healthier Miami-Dade meeting was brought to order at 2:01 p.m. by Vicki Zou.	
Approval of Minutes	There was a motion to approve the April 2025 Health Promotion and Disease Prevention meeting minutes by Pearl James-Isler and the motion was seconded by Natalie Gray.	
Executive Board Update	 The Executive Board updates were provided by Leyanee Perez. The Executive Board last met virtually on Monday, May 12, 2025. The Consortium Event Planning Taskforce has begun to convene and met on Friday, April 4, 2025, and Thursday, April 17, 2025. The Taskforce discussed the purpose of the event, tentative date/time, theme (Miami Vice), venue locations (Miami Vineyard, Milander, UM Alumni Center, and FIU), reviewed past promotional materials, and sponsorship packages. The Taskforce has also started to review draft materials for this year's event. On May 15th, the members will go to a site visit to Miami Vineyard to tour the venue. Please contact your committee liaison if interested in signing up to be a part of the Taskforce. The Board has approved the digital brochure. The brochure was now sent to DOH Communications. Once approved by Communications, we will begin to disseminate in English. There were also discussions once approved, to translate in Spanish and Creole. The brochure will be used for members when meeting with interested partners to join the Consortium. When this is available, it will be shared with the full Consortium. The Board also continues the conversation on optimal health and addressing the drivers of health. There are two opportunities with Miami Homes for All that was shared (1) if you know of any community centers and/or churches with available space to host workshops classes and (2) there will be discussion on Welcome Home Kits and was items will be needed for donations. More details will be shared when they become available. Barbara Martinez-Guerrero presented on behalf of Dream in Green on Food Sharing, Recovery, and Waste in our community as well as on Recyclepedia. These are efforts they are working to address food security and environmental sustainability in our community. 	



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Member Spotlight Presentations	No member spotlight was presented at the meeting.	
Previous Action Items	 The committee continued the conversation on the CHIP indicator of using push notifications on cell phones, whether to keep it in the next CHIP, and what app to use to implement it. The Health Council of South Florida has closed the Well-being Survey on Saturday, May 17, 2025. Thank you to all committee members who helped promote the Well-being Survey to others in their communities. 	
Recognition of Improved Performance	The Health Promotion and Disease Prevention Committee has had the highest attendance and popularity among all the committees in the Consortium for a Healthier Miami-Dade.	
Performance Measures in Need of Improvement	 Leyanee Perez shared that the food pantries are continuing to receive food donations to provide this service to communities. However, there has been a lack of fresh food being donated to the food pantries. If any organizations have any ideas or resources to increase the supply of fresh food in the food pantries, please reach out to the committee chairs and liaison. The committee discussed how to better spread the health message and educate the public on nutrition and healthy eating choices. Shabbir Motorwala shared that UHI Clinic works with Caring for Miami, which provides fresh vegetables and fruits once a month through their Mobile Bus. Michelle Espinosa suggested an idea to use push notifications that share articles or research that busts food myths or other health-related misconceptions. Robert Hill shared updates about the Mayor's Food and Nutrition For All Initiative. They are currently waiting for the proposals for the funds for the Initiative to pass both the House and Senate. 	
Partner Updates	 Michael Mut (DSWM) reminded everyone that it is currently in mosquito season and to wear mosquito repellent and long-sleeved clothing, especially between the hours of sunset and sunrise. To request a mosquito inspection, visit www.miamidade.gov/mosquitoinspection. Tiffinie Bratcher shared that the South Dade Community Health Council successfully hosted an event in Homestead on Saturday about health literacy, financial literacy, computer literacy, mental health, and physical fitness. Simone Cheong shared that West Kendall Baptist were finalists in the Greater Miami Chamber of Commerce, Healthcare Heroes Organization category. Tiffany Albury shared that Southeast Florida Cancer Collaboration is having a Survivor Symposium on Saturday, June 7, 2025, from 9:30 a.m. to 12:00 p.m., where speakers will present about nutrition, self-care, long term care, radiation therapy, and sexual health as it related to survivorship in cancer. 	



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	Ron Manning shared that the Ryder Trauma Center is trying to do a study comparing different kinds	
	of blood transfusions. Fill out the survey here: https://sites.uab.edu/troop/miami-home/ .	
Adjournment	The meeting was adjourned at 2:51 p.m. The next Health Promotion and Disease Prevention committee meeting will be held virtually via Microsoft Teams on Tuesday , June 17 , 2025 , from 2:00 p.m. to 3:00	
	p.m.	