

TOPIC	DISCUSSION	ACTION NEEDED
Membership Total (47)	Virtual Via the Microsoft Teams Platform 1. Chair: Leyanee Perez, The American Healthy Weight Alliance 2. Vice Chair: Robert Hill, American Heart Association 3. Vicki Zou, Florida Department of Health in Miami-Dade County (Committee Liaison) 4. Luis Ferrer, Florida Department of Health in Miami-Dade County 5. Susan Holtzman, NAMI Miami-Dade 6. Aixa Ortiz, Larkin Community Hospital 7. Mayra Garcia, Florida Department of Health in Miami-Dade County 8. Odette Ochoa, Florida Department of Health in Miami-Dade County 9. Maritza Mendoza, Alliance for Aging, Inc. 10. Christine Beckel, Florida International University 11. Frank Caicedo, Project Access Foundation 12. Zadymon Moore, Florida Department of Health in Miami-Dade County 13. Stacey Silver, Mom's Meals 14. Aida Margarita Van Mossel, University of Miami SCCC 15. Tiffany Albury, University of Miami 16. Hayly Ojeda, Hope For Miami 17. Sarah Rodriguez, Florida Department of Health in Miami-Dade County 18. Anthony Robinson, Overtown Children and Youth Coalition 19. Natouchka Murray, Florida Department of Health in Miami-Dade County 20. Maria Sol Acosta, Community Care Plan 21. Natalie Gray, Pharm. D. 22. Dayamyra Perezfernandez, Florida Department of Health in Miami-Dade County 23. Simone Cheong, West Kendall Baptist Hospital 24. Veronica Paul, Florida International University 25. Laurie Varona, Florida Department of Health in Miami-Dade County 26. Alesha Maury, Equipped for Health 27. Lilia Bandrich, UnitedHealthcare 28. Triana Maria Abel Encarnacion, Center for Cognitive Neuroscience and Aging 29. Sandra Delgado, YMCA of South Florida 30. Nancy Bonise-Charlemond, Planned Parenthood South North East 31. Shannon Charles, Epilepsy Alliance Florida 32. Dana Klein, Gheorg 33. Christelle Cesare, The Women's Hospital at Jackson Memorial	

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Health Promotion and Disease Prevention Committee Meeting
April 15, 2025
2:00 p.m. – 3:00 p.m.

	34. Danielle Leys, Parent to Parent of Miami 35. Jair Espinoza, City of Miami 36. Nattaliah Earle, Urban Health Partnerships 37. Jennifer DeGruccio, Parkinson's Foundation 38. Mimi Chacin, Common Threads 39. Sara Batrony, SB Pro Writing Services 40. Isa Utset, Gang Alternative Inc. 41. Sabine Dessources, Dessources Therapeutic Touch Inc 42. Emilia Solano, YMCA of South Florida 43. Sandra Echeverry-Varona, Florida Department of Health in Miami-Dade County 44. Alvaro Mejia-Echeverry, Florida Department of Health in Miami-Dade County 45. Danay Rodriguez-Arritola, Larkin Community Hospital 46. Kelsey Jo Evans, Camp Boggy Creek 47. Cynthia M. Umana, Baptist Health South Florida	
Welcome and Introductions	The Health Promotion and Disease Prevention Committee of the Consortium for a Healthier Miami-Dade meeting was brought to order at 2:03 p.m. by Vicki Zou.	
Approval of Minutes	There was a motion to approve the March 2025 Health Promotion and Disease Prevention meeting minutes by Simone Cheong and the motion was seconded by Anthony Robinson.	
Executive Board Update	The Executive Board updates were provided by Leyanee Perez. The Executive Board last met virtually on Monday, April 14, 2025. • The Consortium Event Planning Taskforce has begun to convene and met on Friday, April 4, 2025 and Thursday, April 17, 2025. The Taskforce discussed the purpose of the event, tentative date/time, theme (Miami Vice), venue locations (Miami Vineyard, Milander, UM Alumni Center, and FIU), reviewed past promotional materials, and sponsorship packages. The Taskforce has also started to review draft materials for this year's event. Please contact your committee liaison if interested in signing up to be a part of the Taskforce. • The Board has approved the digital brochure. The brochure was now sent to DOH Communications. Once approved by Communications, we will begin to disseminate in English. There were also discussions once approved, to translate in Spanish and Creole. The brochure will be used for members when meeting with interested partners to join the Consortium. When this is available, it will be shared with the full Consortium. • The Board also continues the conversation on optimal health and addressing the drivers of health. • There are two opportunities with Miami Homes for All that was shared (1) if you know of any community centers and/or churches with available space to host workshops classes and (2) there will	

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	be discussion on Welcome Home Kits and was items will be needed for donations. More details will be shared when they become available.	
Member Spotlight Presentations	This month's member spotlight was for Hayly Ojeda for the Project Bridge program at Hope for Miami. Hope for Miami is a non-profit organization that provides programs and resources that help children, youth, and families flourish in Miami-Dade County. Project Bridge is one of Hope for Miami's prevention education programs that offers Youth Mental Health First Aid (YMHA) training to anyone who interacts with youth ages 12-18. This free 6.5-hour in-person course increases mental health literacy through education on behavioral health and teaches participants how to help adolescents who may be experiencing mental health challenges. Project Bridge also offers Teen Mental Health First Aid (tMHFA) training for high school teens (ages 14-18) to provide support for their peers as well as better cope with mental health challenges themselves. Hope Bridge: A Youth Mental Health Exhibit is a free interactive pop-up experience that educates the community about common mental health challenges amongst the youth. The event will also feature informational take aways to help individuals foster resiliency & be a better circle of support for the youth in their lives. If anyone would like to partner or host the event for this year, please reach out to Hayly Ojeda via email at hayly@hopeformiami.org . For more information about Project Bridge or Hope for Miami, visit https://www.hopeformiami.org/ .	
Previous Action Items	- Robert Hill encouraged committee members to promote the Well-being Survey that was launched by the Florida Department of Health in Miami-Dade County's Office of Community Health and Planning and share it with colleagues and others who live in Miami-Dade County. Survey responses will lead to the development of the 2025-2030 Community Health Improvement Plan (CHIP) that addresses the real health challenges residents face. The Health Council of South Florida is extending the Well-being Survey deadline two weeks at a time until the goal is reached. The Survey can be accessed here: https://www.surveymonkey.com/r/2025_Wellbeing. - Leyanee Perez led the discussion on the CHIP indicator of using push notifications on cell phones. A platform is still needed to implement this indicator. If any committee members recommend an organization, please reach out to the committee liaison Vicki Zou and the chairs.	
Recognition of Improved Performance	The committee has decided on holding only virtual HPDP Committee meetings for now but is still considering the possibility of hosting one in-person social event for the year around the holidays.	
Performance Measures in Need of Improvement	- Robert Hill shared updates about the Mayor's Food and Nutrition For All Initiative, which now has a new website: https://foodandnutritionforall.org/. - Leyanee Perez shared that the food pantries are continuing to receive food donations from the Nation Supermarket Association to provide this service to communities.	
New Business	Emilia Solano shared that they have their physical food pantry located out of the Allapattah YMCA. They have food distribution programs on site in low-income housing communities in	

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	Broward and Miami to provide the services. To find food distribution locations in Miami-Dade County: https://www.findhelp.org/food/food-pantry--miami-fl. • Sabine Dessources shared about the Bridge to Hope food program that addresses food insecurity in South Florida. For more information: https://bridgetohope.net/our-programs/food-program. • Jair Espinoza talked about Aunt Bertha, which helps individuals find social services in their communities. More information can be found at their website: https://www.findhelp.org/.	
Partner Updates	• Laurie Varona shared that the Tobacco Prevention Program at the FDOH Office of Community Health and Planning has an initiative starting next week. They will be passing out drink coasters that inform about smoking cessation resources. If anyone has a list of restaurants to deliver the coasters to, please reach out to Laurie Varona at Laurie.Varona@flhealth.gov.	
Adjournment	The meeting was adjourned at 3:02 p.m. The next Health Promotion and Disease Prevention committee meeting will be held virtually via Microsoft Teams on Tuesday, May 20, 2025, from 2:00 p.m. to 3:00 p.m.	