

CONSORTIUM FOR A HEALTHIER MIAMI-DADE

Executive Board
Monday, August 11, 2025

TOPIC	DISCUSSION	ACTION NEEDED
Members Present (17)	<p><u>Virtual via Microsoft Teams</u></p> <ol style="list-style-type: none"> 1. Dr. Cristina Brito, West Kendall Baptist Hospital (Executive Board Co-Chair) 2. Robert Hill, American Heart Association (Executive Board Co-Chair) 3. Tenesha Avent, March of Dimes 4. Dr. Zinzi Bailey, University of Minnesota/ UM 5. Jerson Dulis, Florida Health Justice Project 6. Nattaliah Earle, Urban Health Partnerships 7. Lynn Hearn, Florida Health Justice Project 8. Susan Holtzman, NAMI Miami-Dade County 9. Nicole Marriott, Health Council of South Florida 10. Barbara Martinez-Guerrero, Dream in Green 11. Bernadette Morris, Sonshine Communications 12. Dennise Nicola, Florida PACE Centers 13. Leyanee Perez, American Healthy Weight Alliance 14. Melanie Williams, Florida Health Justice Project 15. Islamiyat Nancy Adebisi, Florida Department of Health in Miami-Dade 16. Amit Chakrabarti, Florida Department of Health in Miami-Dade (Intern) 17. Candice Schottenloher, Florida Department of Health in Miami-Dade (Committee Liaison) 	
Welcome and Introductions	<p>The Executive Board's August 2025 meeting was held virtually via Microsoft Teams brought to order by Dr. Cristina Brito and Mr. Robert Hill at 10:04 a.m.</p> <p>All members of the committees introduced themselves at the beginning of the meeting.</p>	
Approval of Minutes	The committee approved the June 2025 meeting minutes with a motion from Leyanee Perez and a second from Dennise Nicola.	
NAMI Miami-Dade Presentation	Susan Holtzman, President and CEO of the local affiliate of the National Alliance on Mental Illness (NAMI) of Miami-Dade presented <i>Why Mental Health Matters-Thriving at Work-Stigma Free Workplace</i> . During this presentation, Susan shared NAMI Miami-Dade's stigma, free workplace presentation and this is supportive of the workplace being stigma free when it comes to mental health conditions among employees. This is one of the many initiatives that are offered at NAMI Miami-Dade.	Share slides with Board members.

	<p>It's one of the only things that they do charge for. Susan shared data and highlighted 1 in 5 adults live with a mental health concern. There are many factors that are impacting mental health that were shared. It was noted there were three things you can do to reduce stigma in the workplace which include 1.) Increase awareness and education, 2.) Create a caring workplace, and 3.) Ensure access to care. The importance of knowing the early signs of mental health concerns were shared to connect a colleague who may need further support and connected to resources. The resources shared included the NAMI helpline phone number is (305) 665-2540 available Monday to Friday from 9 a.m. to 5 p.m., the NAMI national helpline phone number is 1-800-950-MIAMI, and the free 24/7 mental health crisis line 988. Other NAMI Miami-Dade programs and events were shared too. Following the presentation, a short activity was conducted in the chat box and a Q&A discussion on this important topic.</p>	
Florida Health Justice Project Presentation	<p>The <i>Florida Health Justice Project Healthcare for Floridians: State and Federal Updates</i> Presentation was presented to the Consortium for a Healthier Miami-Dade's Executive Board by Melanie Williams, Policy Director, of the Florida Health Justice Project. This presentation included a brief overview on the Florida Health Justice Project (FHJP), pre-existing challenges, State legislative updates, Federal updates, what we can do and a Q&A discussion. For any additional questions, please contact Melanie Williams at Williams@floridahealthjustice.org or (754) 273-8344.</p>	Share slides with Board members and compile questions.
Executive Board's Role & Updates	<p>Dr. Cristina Brito and Robert Hill led a brief continued discussion with the Executive Board on the Consortium's role as it relates to upper respiratory illnesses, optimal health, and factors and conditions that impact health. This agenda item will be further discussed in the next Board meeting to allow more time for discussion.</p>	
Consortium Annual Event Planning Taskforce Update	<p>The Taskforce for the Consortium Annual Event and Florida Worksite Wellness Awards continues to meet. The event will be hosted on Friday, September 19, 2025, from 9 a.m. to 3 p.m. at the Milander Center for Arts and Entertainment. The Taskforce has been working with the City of Hialeah to secure the venue as in-kind with the Consortium partnership. Registration is required for this event and will be \$75.00. More details will be provided once registration is open on the Health Council's website. The Save the Date and the Florida Worksite Wellness Call for Nominations have been released. The Taskforce also has the Sponsorship package available and for any questions or contacts to share, please contact Leyanee Perez, Kate Edelson, or Nattaliah Earle. Other items the Taskforce has reviewed include</p>	

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	the draft agenda, breakfast and lunch menu, and event break activities. Additionally, the keynote speaker and worksite wellness panelists need to be further discussed.	
Marketing & Membership Updates	The Marketing and Membership team reported no major updates. Website updates are ongoing, and members are asked to submit updated contact information using the membership form.	
DOH Programmatic Updates	Mrs. Adebisi shared DOH Programmatic Updates with the Executive Board. She shared the focus currently is the upcoming Consortium Annual Event and planning for other upcoming events hosted by the Office of Community Health and Planning. Additionally, we continue to stay up to date on a state level to local level.	
Partner Updates	<p>West Kendall Baptist Hospital: Dr. Cristina Brito shared that she will be transitioning from Director of Healthy West Kendall at West Kendall Baptist Hospital to a new role at United Way Miami as Senior Director of Community Impact.</p> <p>The Executive Board was advised to send in any updates or questions via the chat box or email, and the Committee liaison will follow up to share with the Board as the partner updates section of the meeting was cut short to other agenda items.</p>	
Adjournment	The meeting adjourned at 11:30 a.m. The next Executive Board meeting will be hosted in-person at the Health Council on Monday, September 8, 2025, at 10 to 11:32 a.m.	