

**ELDER ISSUES COMMITTEE/  
MAYOR'S INITIATIVE ON AGING**  
Minutes  
Tuesday, November 28, 2017

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> <li>1. Alina Becker, Alliance for Aging*</li> <li>2. Blanca Hernandez, Caballero Rivero</li> <li>3. Carmella Cerno, City of Miami Beach*</li> <li>4. David Saltman, FIU, Chair</li> <li>5. David Sweet, MDC-CAHSD</li> <li>6. Gina Gonzalez, Anthem</li> <li>7. Isabel Rovira, UHP/AFI</li> <li>8. Jessica Heligman, Baptist Health</li> <li>9. Lisseth Guerra, DOH-MD*</li> <li>10. Marjorie York, Community Action Agency</li> <li>11. Mary Anne Sherman, DOH-MD</li> <li>12. Mayra Garcia, DOH-MD*</li> <li>13. Melissa Maytin, DOH-MD*</li> <li>14. Michael Pearson, Alzheimer's Association, Vice Chair</li> <li>15. Nick Brunzell, Banker's Life</li> <li>16. Steven Siegel, United Way</li> <li>17. Teri Arvesu, Miami-Dade County</li> <li>18. Yamilla Diaz, Alliance for Aging</li> </ol> <p>*Indicates member participated via teleconference.</p>	
Welcome and Introductions	Chair, David Saltman, welcomed everyone and started the meeting at 2:05 PM. Everyone introduced themselves. The meeting took place at Stephen P. Clark Government Center, 111 NW 1 <sup>ST</sup> Street, Miami, FL 33126.	
Review and Approval of Minutes	The minutes for October 31, 2017 were reviewed by the committee members. A motion was made to approve the minutes by Marjorie York and seconded by Teri Arvesu. All members who were present agreed to approve the minutes. An	

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	announcement was made for members to take the Elder Issues' Membership Survey sent to them via Email. The survey will close on December 8, 2017 at 5:00 pm. We are also sending a letter to Long-Term Care Providers to get more involvement from them in our committee.	
Executive Board Report	A report was given by Michael Pearson, our Vice Chair. The main topic of the last Executive Board meeting was the sustainability of the Consortium for a Healthier Miami-Dade. Long term plans and gaps in service for the community and between the committees were discussed among the Chairs and the Vice Chairs of the committees.	.
Previous Action Items	<p>We are developing an internal survey and an invitation to increase our membership and to have consistent attendance of our members.</p> <p>We are working toward having representation from the Long Term Care Community and the elder community. (MJHS, United Home Care, etc.)</p> <p>We have formed a Chronic Disease Subcommittee led by Michael Pearson. The members are: Alina Becker, Teri Arvesu and Nick Brunzell.</p> <p>We discussed having a Type 2 Diabetes/Obesity Presentation. We discussed working with Baptist Health and the ADA for this event. The Committee is looking for sponsored money for this event.</p>	
Performance Measures in need of improvement	<p>The committee will reach out to Long term care organizations. (MJHS, United Home Care, Easter Seals, AARP and United Way).</p> <p>Work on making a measure to be recommended for the CHIP by December 31, 2018</p>	

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<p>Recognition of Improved Performance</p>	<p>An Elder Issues Membership survey was completed and sent via email to EI members with an invitation to be active in our committee. EI members were encouraged to participate in the survey which will close on December 8, 2017 at 5:00 p.m.</p> <p>The Subcommittee for Chronic Disease will meet after today's meeting. We also plan to have teleconference on December 14, 2017 at 10:00 a. m.</p> <p>The Subcommittee for Chronic Disease will begin to plan the Diabetes/Obesity event that will be open to the public to be held some time sometime in April of 2018. Michael Pearson, the chair of our Subcommittee, will contact the United Way to check availability of the Ryder Room of their Coral Gables location. We will also discuss possible speakers for the event. We plan to model the event after our very successful Transportation event and will seek sponsors for the event.</p>	
<p>Presentation by Isabel Rovira, Age Friendly Initiative</p>	<p>Isabel recently made a presentation to the County Commission about aging in place in Miami and will give us that presentation and the results of an Age Friendly Initiative survey that was coordinated by AARP. Miami-Dade County officially joined in with working toward the goals of the Network of Age Friendly Communities. She shared the results of the survey via Power point. The World Health Organization (WHO), defines an Age Friendly Community with 8 domains of livability. One step to joining the Age Friendly Network is doing a</p>	

	<p>survey. Some of the responses indicated the need for affordable housing. Majority of elders walk to get around. There is an issue for employment for older adults. Access to computers and internet was rated good but not for older adults with limited mobility. Areas and topics were rated and prioritized. All changes in policy and allotment of funds should take older adults in to consideration. Each of the domains were examined in the survey. Tracking will be done as to the progress made. It was mentioned that Cheryl Jacobs, the Chair of the Health and the Built Committee works to make the environment (Buildings and outdoor spaces) friendly to elders.</p>	
<p>Presentation by Jessica Heligman, Baptist Health</p>	<p>Jessica Heligman, ARNP, of Baptist Hospital gave an interesting presentation on Fall Prevention. Persons over the age of 70 have an increased rate of osteoporosis and sustain their second fracture within a year of their first fracture. 31 billion older adults have fall related injuries each year. Healthy People 2020 has provided goals of decreased fall related injuries and death. The CDC tracks injury and death in elders from falls to combat this serious epidemic among the elder population.</p>	
<p>Presentation by Steven Siegel, United Way</p>	<p>Steven Siegel presented on a United Way project called Continue United. It targets persons 50 and over and encourages them to continue their contributions to United Way after retirement. The program wants the retired population to keep engaged in the needs of the community and be a part of the solution.</p>	

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Partners Updates	<p>Teri Arvesu announced a collaboration between Healthy Happens Here and Public Transportation called Easy Perks. The 200 restaurants that participate in Healthy Happens Here will give discounts to Patrons who present a used transportation ticket.</p> <p>Michael Pearson announced an Alzheimer's Association event to be held at FIU on March 22, 2018 for family of those who have Alzheimer's Disease, Caregivers and students.</p> <p>Nick Brunzell announced that there will be a Medicare Seminar at Unity Church on the first Monday of every month from 6:00 p.m. until 8:00 p.m.</p>	
Legislative report	David Saltman reported. The Federal budget passed the Committee and as a result, there will be Medicare and senior aid cuts. The State Governor increase funds to Elder Affairs. The Tax Plan may be passed. We must target our legislators with our concerns of how the Tax Plan will affect seniors.	
Adjournment	David Saltman adjourned the meeting at 4:05 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held on Tuesday, January 30, 2018 at Stephen P. Clark Government Center 111 NW 1 <sup>st</sup> Street 29 <sup>th</sup> floor, Suite 29A, Miami, FL 33126.	