

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Triana Abel Encarnacion, Center for Cognitive Neuroscience and Aging* 2. Marla Cocalis, StudentsCare 3. Rob Collins, HOPE, Inc.* 4. Sabine Dessources, Dessources Therapeutic Touch, Inc.* 5. Nattaliah Earle, Urban Health Partnerships – <i>Vice-Chair</i> 6. Melody Espinoza, Florida Department of Health in Miami-Dade County – <i>DOH Support Staff</i> 7. Witson Faustin, Florida Department of Health in Miami-Dade County* 8. Mariangelli “Angie” Fernandez, Miami-Dade State Attorney Office* 9. Trudy Gaillard, Florida International University* 10. Frances Garcia, Miami-Dade Fire Rescue* 11. Mayra Garcia, Florida Department of Health in Miami-Dade County 12. Natalie Gray, Larkin University College of Pharmacy* 13. Zadymon Moore, Florida Department of Health in Miami-Dade County – <i>DOH Support Staff</i> 14. Dennise Nicola, PACE/Miami Jewish Health – <i>Chair</i> 15. Simisola Olowodola, Florida Department of Health in Miami-Dade County – <i>DOH Support Staff</i> 16. Odiana P. (unverified) – <i>Guest*</i> 17. Dayamyra Perez Fernandez, Florida Department of Health in Miami-Dade 18. Carmen Ramos-Watson, B/Adaptable 19. Louisenie Remy, Jackson Health Roxcy Bolton Rape Treatment Center* 20. Lilliana Rey, Alliance for Aging 21. Lymari Rivera, Mount Sinai Medical Center Eldercare (PACE) 22. Kathleen Sarmiento, Alliance for Aging, Inc. 	

	<p>23. Candice Schottenloher, Florida Department of Health in Miami-Dade County – <i>DOH Lead, Support Staff</i></p> <p>24. Natalia Shtompel, Barry University School of Social Work*</p> <p>25. Griselle Solorzano, Brain Center</p> <p>26. Jeanne Tamargo, Informed Families*</p> <p>27. Dianna Valenzuela, Public Partnerships</p> <p>28. Laurie Varona, Florida Department of Health in Miami-Dade County*</p> <p>29. Melody Velez, United Healthcare*</p> <p>30. Marjorie York, Community Action Agency (attended via phone call)*</p> <p>31. Vicki Zou, Florida Department of Health in Miami-Dade County – <i>DOH Support Staff</i></p> <p><i>*Denotes virtual attendance</i></p>	
Welcome and Introductions	<p>Chair, Dennise Nicola welcomed everyone and started the meeting at 2:05 PM. General meeting guidelines were provided for the attendees by Dennise N. and Vice-Chair, Nattaliah E. assisted with the agenda. Attendee introductions were done during <i>Partner Updates</i>, and virtual attendees were encouraged to put their contact information and any organizational updates/announcements in the chat. The meeting was held at host site, Alliance for Aging, Inc., located at 760 NW 107 Avenue, Suite 112 Large Conference Room, Miami, FL 33172, with an option to join virtually via Microsoft Teams for those unable to attend in person.</p>	
Review and Approval of Minutes	<p>The minutes from the last meeting on July 29, 2025, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Lymari R. and seconded by Carmen W-R. The minutes were approved unanimously without corrections.</p>	

Previous Action Items(s)	<ul style="list-style-type: none"> • Today we will have a 2025-2030 Work Plan Development session. • Prior EIC Workplan (2019-2024): Activity under <i>Chronic Disease</i>, p. 11, related to <i>design an educational toolkit to increase awareness and educate on the warning signs of Alzheimer's Disease, risk reduction and early diagnosis of Alzheimer's Disease</i>. <ul style="list-style-type: none"> ○ Trilingual Alzheimer's Disease and Related Dementias (ADRDs) Community Resources tool (originally created in 2021-2022) was updated, approved, and then disseminated via email on 8/13/25. Paper copies were provided to those attending in person at the meeting today. ○ Please share resource with client and professional contacts. ○ PDF available in English, Spanish & Haitian Creole online: https://www.healthymiamidade.org/documents/elder-issue/ADRDs-2025-CommunityResources-English-Spanish-Creole-MAR2025.pdf. 	
Executive Board (EB) Update	<p>Chair, Dennise N. provided the updates from the EB meeting held on 8/11/2025, including:</p> <ul style="list-style-type: none"> • The 22nd Annual Consortium Event & Worksite Wellness Awards will be on Friday, September 19th, 2025, from 9 a.m. to 3 p.m. at Milander Center for Arts and Entertainment in Hialeah. Registration is required and now open; link was emailed to the entire Consortium member listserv on 8/26/25. For sponsorship information, please contact Leyanee Perez (Leyanee.Perez@americanhealthyweight.org) and Kate Edelson (Kate@namimiami.org). The Event Planning Taskforce has been meeting since April to plan the event. If you are interested in being on the Taskforce, let Mayra know so you can be added to the listserv. 	

Legislative Report	<p>In the absence of EIC member, Brenda Lampon, Miami-Dade County Office of the Mayor, EIC Vice-Chair, Nattaliah E. provided the following update(s):</p> <ul style="list-style-type: none"> • The Miami-Dade County proposed budget is pending approval in Sept. • In the proposed budget, Cultural Affairs will be kept separate from the libraries. • Miami-Dade County Mayor Daniella Levine Cava will be hosting a virtual Budget Town Hall meeting for Community-Based Organizations tomorrow, Wednesday, August 27th at 6:45PM. The invite with flyer was shared by Nattaliah E. via email after the meeting which was forwarded to the EIC member listserv. 	
Elder Issues Committee 2025-2030 Work Plan Development	<p><i>In lieu of a partner presentation...</i></p> <p>Elder Issues Committee 2025-2030 Work Plan Development was facilitated by Candice Schottenloher, MPH, CHES, Government Operations Consultant III, Office of Community Health & Planning, Florida Department of Health in Miami-Dade County. The following DOH staff were also in attendance and provided additional support:</p> <ul style="list-style-type: none"> • Simisola Olowodola, Research and Statistics Consultant • Zadymon Moore, Senior Health Educator • Vicki Zou, Senior Health Educator • Melody Espinoza, Senior Clerk <p>Using a short Power Point presentation, Candice introduced the work plan development activity by introducing her support staff, and reviewed a list of older adult key health issues, including:</p> <ul style="list-style-type: none"> • Heart disease, cancer, and diabetes • Alzheimer's disease and other dementias • Arthritis and chronic lower respiratory diseases • Obesity and high blood pressure 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Email your suggestion(s) for the next 5-year 2025-2030 Elder Issues Committee work plan to: DNicola@miamijewishhealth.org, Nattaliah@urbanhp.org, & Mayra.Garcia@flhealth.gov. • Continue developing 2025-2030 Work Plan at next EIC monthly meeting in September.

- Mental health conditions
- Increased risk of severe illness from infections
- Unintentional overdoses and suicide

Next, Candice reviewed the **2025-2030 CHIP Priority Areas** to include:

1. **Access to Care**
2. **Chronic Disease**
3. **Behavioral & Mental Health**
4. **Maternal Child Health**
5. **Healthy Weight/Physical Activity/Nutrition**

It was explained that these priority areas were selected by attendees of the **Community Health Improvement Plan (CHIP)** Community meeting held on June 23, 2025, at FIU Wolfe University Center which was held to review the results of the Mobilizing for Action through Planning and Partnerships assessments to help inform the **2025-2030 CHIP**. The new CHIP will help inform the Consortium committee workplans for the next five years.

Although *Older Adults* was not selected as one of these top five priority areas voted on by the community members in attendance, the health issues affecting this population (e.g., Alzheimer's and related dementia, fall prevention, housing, etc.) can be incorporated into the five priority areas selected. Next, Simisola Olowodola presented on some of the data related to older adults, particularly related to Alzheimer's disease, unintentional falls and obesity rates.

Candice reviewed a [document](#) derived from the prior 2019-2025 EIC work plan which had some health topic areas highlighted for carryover into the new 2025-2030 EIC work plan to be developed. Discussion was allowed after which the attendees agreed to carryover the highlighted topics for possible activities in the new EIC work plan for the next five years: regular partner presentations, annual SWOT analysis, housing, support health fairs

	<p>for older adults, social/mental health/substance abuse, risk reduction and early diagnosis for Alzheimer's Disease, healthy lifestyles, increase physical activity, increase...healthy weight, support community resources and best practices to decrease maternal infant morbidity and mortality, provide familial and generational support, unintentional injuries from falls and safety measures to prevent falls, support the work of the Miami-Dade Age-Friendly Initiative, and mental and behavioral health.</p> <p>An online Mentimeter activity was also used to capture open-ended feedback from attendees with their suggestions for any other health areas/topics and ideas to be included in the new EIC work plan under each of the five priority areas for the new CHIP.</p>	
Performance Measures in Need of Improvement (Work Plan Review)	(This section was not specifically addressed at this meeting on 8/26/25 since the majority of the meeting was focused on EIC 2025-2030 Work Plan Development).	
Recognition of Improved Performance	<ul style="list-style-type: none"> 31 virtual attendees at monthly meeting on 7/29/2025. <i>Miami-Dade Age-Friendly Partnering for Progress</i> presentation at July meeting by EIC member, Nattaliah Earle. 	
Reminders	<ul style="list-style-type: none"> 2025 monthly meetings (schedule changes): <ul style="list-style-type: none"> Virtual meeting on Tues., September 30th at 2PM <i>NEW</i> – in-person meeting on Tues., October 28th at 2PM to be hosted at (<i>pending confirmation</i>: Larkin Community Hospital Palm Springs Campus in Hialeah). <i>NEW</i> – no monthly meeting in November or December. Attendees who are not already members were encouraged to join the Consortium for a Healthier Miami-Dade online at www.healthymiamidade.org/membership, and/or share this invite with others who may be interested in participating. 	

<p>Partner Updates</p>	<ul style="list-style-type: none"> • Dennise Nicola, Director of Business Development, FL PACE Centers at Miami Jewish Health; DNicola@miamijewishhealth.org, 786-661-5644. • Nattaliah Earle, Collective Impact Manager, Urban Health Partnerships (UHP), nattaliah@urbanhp.org, 786-412-0469. • Marla Cocalis, Program Manager, StudentsCare, Marla@students-care.org; We match college students with isolated seniors at facilities, 773-573-7328. • Rob Collins, Esq., Education & Outreach Coordinator, Housing Opportunities Project for Excellence (HOPE), Inc.- <i>We fight housing discrimination</i>; rob@hopefhc.com, 305-651-HOPE (4673). • Sabine Dessources, owner of Dessources Therapeutic Touch, Inc., dessources.therapeutic@gmail.com, 786-227-0614. • Witson Faustin, Health Services Representative, Florida Dept. of Health in Miami-Dade, Office of Community Health & Planning; 786-732-8863, Witson.Faustin2@flhealth.gov. • Angie Fernandez, PIO Community Outreach, Office of the State Attorney K.F. Rundle; fernang@miamisao.com; 305-547-0724; www.miamisao.com. • Trudy Gaillard, FIU, tgailar@fiu.edu, encouraged folks to join the AgeWell online registry to access information on different research opportunities and common chronic diseases for older adults: https://cnhs.fiu.edu/agewellregistry/. • Frances Garcia, Miami-Dade Fire Rescue Dept., Community Assistance/Elder Links Coordinator; garciaf@miamidade.gov; Fire Rescue Community Outreach website: https://www.miamidade.gov/global/service.page?Mduid_service=ser1526412171787244. • Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC)/Senior Community Health Nursing Supervisor, Office of Community Health & Planning, FL Department of Health in Miami-Dade County, Mayra.Garcia@FLHealth.gov. • Natalie Gray, Pharm.D., Larkin University College of Pharmacy, NGray@Larkin.edu. • Louisenie Remy, Roxcy Bolton Rape Treatment Center, Louisenie.remy@jhs-miami.org; they have support groups and outreach 	<p>Action Item(s):</p> <ul style="list-style-type: none"> • The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County; register to become a member for free online: https://www.healthymiamidade.org/membership/.
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**ELDER ISSUES COMMITTEE/
MAYOR'S INITIATIVE ON HEALTHY AGING AND LIVABILITY**

Meeting Minutes

Tuesday, August 26, 2025

Hosted at Alliance for Aging, Inc. (Microsoft Teams option)

	<p>education on sexual assault prevention; call the Helpline for more information: 24 hours a day, 7 days a week at 305-585-RAPE (7273).</p> <ul style="list-style-type: none"> • Lilliana Rey, Senior Medicare Patrol Specialist, Alliance for Aging, Inc., 305-786-1947, 305-670-6500 x11268, ReyL@AllianceForAging.org. • Kathy Sarmiento, Alliance for Aging SHINE Medicare Counseling/Senior Medicare Patrol Liaison; 305-606-8382, sarmientok@allianceforaging.org; 305-671-6356; SHINE Counseling Sites: https://www.floridashine.org/Counseling-Sites/Dade.aspx. • Griselle Solorzano, Social Services Manager, Brain Center; 305-856-8940 x105, email gsolorzano@braincenter.org. • Dayamyra Perez Fernandez, Health Services Representative, Florida Department of Health in Miami-Dade County. • Carmen Ramos-Watson, Founder/-CEO, B/Adaptable Labs, 202-413-8899, carmen@b-adaptable.com. • Lymari Rivera, Business Development Director, Mount Sinai Eldercare PACE, Lymari.rivera@msmc.com, 954-709-1291. • Natalia Shtompel, PhD, LCSW, Associate Professor & Doctoral Program Director, Barry University School of Mental Health and Social Work, nshtompel@barry.edu. • Jeanne Tamargo, Informed Families; pitamargo@informedfamilies.org, cell 305-305-1789. • Dianna "DI" Valenzuela, PPL-Public Partnerships, Community Liaison-State of Florida, Dvalenzuela@pplfirst.com, 786-697-1227; We support Medicaid long-term care participants who wish to self-direct their home care. • Laurie Varona, Senior Health Educator, Tobacco Prevention Program, Florida Department of Health Miami-Dade County, Laurie.Varona@flhealth.gov. • Melody Velez, Sr. Community Outreach, United Healthcare; melody.velez@uhc.com. 	
Adjournment	Chair, Dennise N. adjourned the meeting at 3:15 PM.	
Next Meeting	The next Elder Issues Committee meeting will be held virtually on Tuesday, September 30, 2025, 2:00-3:00 PM via Microsoft Teams.	