

TOPIC	DISCUSSION	ACTION NEEDED
Members/Attendees	<ol style="list-style-type: none"> 1. Triana Abel, Center for Cognitive Neuroscience and Aging 2. Sandra Caballero, East Coast Research 3. Rob Collins, HOPE, Inc. 4. Elena De Cardenas, Sunshine Health – <i>Presenter</i> 5. Nattaliah Earle, Urban Health Partnerships – <i>Vice-Chair</i> 6. Witson Faustin, Florida Department of Health in Miami-Dade County 7. Mariangelli “Angie” Fernandez, Miami-Dade State Attorney Office 8. Trudy Gaillard, Florida International University 9. Frances Garcia, Miami-Dade Fire Rescue 10. Mayra Garcia, Florida Department of Health in Miami-Dade County 11. Natalie Gray, Larkin University College of Pharmacy 12. Susan O. Holtzman, NAMI Miami 13. Suecia Mendez Padilla, Sunshine Health – <i>Guest</i> 14. Louisenie Remy, Jackson Health Roxcy Bolton Rape Treatment Center 15. Kathleen Sarmiento, Alliance for Aging, Inc. 16. Samantha Schmidt, Rovia Clinical 17. Nuria Serrano, Public Education Bureau – <i>Guest</i> 18. Natalia Shtompel, Barry University School of Social Work 19. Stacey Silver, Mom’s Meals 20. Michelle Varas, City of Miami 21. Marjorie York, Community Action Agency (attended via phone call) 	
Welcome and Introductions	<p>Vice-Chair, Nattaliah E. welcomed everyone and started the meeting at 2:06 PM. Chair, Dennise Nicola, was not present due to an unexpected circumstance. General meeting guidelines for attendees were provided and also placed in the meeting chat. Attendee introductions were done during <i>Partner Updates</i>, and virtual attendees were encouraged to put their contact information and any organizational updates/announcements in the chat.</p>	

Review and Approval of Minutes	The minutes from the last meeting on March 25, 2025, were reviewed by the Committee members in attendance. A motion was made to approve the minutes by Marjorie Y. seconded by Angie F. The minutes were approved unanimously without corrections.	
Previous Action Items(s)	<ul style="list-style-type: none"> Continue Open Discussion of 2019-2024 Work Plan transition to 2025-2030 Work Plan Development Activity under <i>Chronic Disease</i>, p. 11, related to <i>design an educational toolkit to increase awareness and educate on the warning signs of Alzheimer's Disease, risk reduction and early diagnosis of Alzheimer's Disease.</i> <ul style="list-style-type: none"> The updated draft of the trilingual Alzheimer's Disease and Related Dementias (ADRDs) Community Resource (originally created in 2021-2022) was reviewed by meeting attendees while shown onscreen. <i>Thanks to member, Angie Fernandez for kickstarting the updated design!</i> Overall, feedback on the draft ADRDs Community Resource was positive. Additional suggestions made for the updated draft included: <ul style="list-style-type: none"> correct spelling of "Alzheimer's" on English infographic- done. consider alternate infographic of "10 early signs" for more contrasting/darker purple coloration to increase readability for persons who have color blindness as the Shutterstock image currently used has lighter shades of purple. Members were asked to help find an alternate infographic as the options were limited and the current Shutterstock image coloration cannot be altered. 	
Executive Board (EB) Update	<p>Vice-Chair, Nattaliah E. provided the updates from the EB meeting held on 4/14/2025, including:</p> <ul style="list-style-type: none"> The Consortium Event Planning Taskforce has begun to convene. During meetings on 4/4 and 4/17/25, discussions held included the event purpose, tentative date/time, theme (Miami Vice), venues (Miami Vineyard, Milander, UM Alumni Center, and FIU), review of past promotional items, sponsorship packages, and drafts of promo materials for this year's event, the Consortium 	

	<p>Annual Event & Worksite Wellness Awards Ceremony. If you are interested in being on the Taskforce, let Mayra know so you can be added to the listserv.</p> <ul style="list-style-type: none"> • The Consortium digital brochure (English) has been approved, and will be sent to DOH Communications. Once approved by Communications, the brochure will be disseminated. There were also discussions to translate into Spanish and Haitian Creole. The brochure will be used for members when meeting with interested partners to promote joining the Consortium. It will be shared with the full Consortium once fully approved and available. • The Board continues the conversation on optimal health and addressing the drivers of health. • The Consortium Membership Directory shared via the website is updated monthly, and now includes the new Executive Board. Committee members should update their contact info if needed using the Become a Member form (indicate you are a Renewing Member)-click here. 	
Legislative Report	<p>There were no legislative updates available from member, Brenda Lampon with the Office of the Mayor Daniella Levine Cava. Recently, Chair, Dennise N. emailed Ms. Lampon to see if she could provide a legislative update summary via email for the monthly EIC meetings since she is unable to regularly attend due to conflicts with another standing meeting commitment.</p>	
<p>Presentation: <i>Overview of the Keys of Fall Prevention</i></p>	<p>EIC member and partner, by Elena M. De Cardenas, LMHC,-QS, CDP, CCTP, CMDCP, Senior Clinical Provider Trainer, Sunshine Health, gave a 15-minute presentation about fall prevention for older adults. Falls are the leading cause of fatal and nonfatal injuries among adults age 65+ in the United States. Older Adults fall because of normal changes of aging, cognitive decline, medications, environmental hazards, and safety unawareness. Fall prevention can be more successful when multiple risk factors are taken into account. The presentation highlighted the CDC's older adults fall prevention program, STEADI, which stands for Stopping Elderly Accidents, Deaths and Injuries. STEADI patient and caregiver resources were also discussed, and the STEADI Fall Risk Factors Checklist was</p>	<p>Action Item(s):</p> <ul style="list-style-type: none"> • Email your suggestion(s) for future Elder Issues Committee meeting presentations to: DNicola@miamijewishhealth.org, Nattaliah@urbanhp.org, & Mayra.Garcia@flhealth.gov.

	<p>shown. Fall risk screening and assessment provides a systematic way to check for valid and reliable causes of falls and identifies factors for which interventions are known to reduce the fall risk. Healthcare providers, caregivers, primary care provider, LTC facilities, occupational and physical therapists, loved ones, health plans, the community, and older adults can all work together to reduce falls and prevent the associated health consequences, "It takes a village."</p> <p>For any questions, please contact Elena M. De Cardenas, Senior Clinical Provider Trainer, Sunshine Health, edecardenas@centene.com, 813-206-9581. A follow-up email was sent to all EIC members on 4/30/25 after the meeting with the presenter's contact information, presentation slides, and a promotional flyer for Sunshine Health's webinar trainings on clinical topics for Long Term Care Providers.</p>	
Performance Measures in Need of Improvement (Work Plan Review)	<p>Vice-Chair, Nattaliah E. led discussion on the following in the EIC Work Plan 2019-2024:</p> <ul style="list-style-type: none"> Activity under <i>Chronic Disease</i>, p. 11, related to <i>design an educational toolkit to increase awareness and educate on the warning signs of Alzheimer's Disease, risk reduction and early diagnosis of Alzheimer's Disease.</i> See progress notes in <i>Previous Action Items(s)</i> related to continued review of the updated ADRDs Community Resource. 	<p>Action Item(s):</p> <ul style="list-style-type: none"> Email your suggestion(s) for the next 5-year 2025-2030 Elder Issues Committee work plan to be developed later this year to: DNicola@miamijewishhealth.org, Nattaliah@urbanhp.org, & Mayra.Garcia@flhealth.gov.
Recognition of Improved Performance	<ul style="list-style-type: none"> 3/25/25 Dementia Care and Cure Initiative (DCCI) Miami Taskforce presentation by EIC member, Martine Charles, Alliance for Aging. 	
Reminders	<ul style="list-style-type: none"> Next monthly meeting on May 27, 2025, at 2PM will be in-person hybrid meeting to be hosted by Susan Holtzman at NAMI Miami-Dade, located at 3150 SW 38th Avenue, #500, Miami, FL 33146. Parking is limited to ten (10) spots in the building where NAMI is located, but members must provide their name ahead of time for the seven (7) remaining spots available to be reserved. Other than the two Committee Chairs (Dennise N. and Nattaliah E.), and the liaison (Mayra G.), no other members confirmed that they would be attending in-person when the 	<p>Action Item(s):</p> <ul style="list-style-type: none"> The Consortium for a Healthier Miami-Dade is a collaboration between the Florida Department of Health and community partners/organizations promoting health in Miami-Dade County;

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	<p>question was posed. Nattaliah E. encouraged members to consider attending in-person for the opportunity to gather together and network.</p> <ul style="list-style-type: none"> Attendees who are not already members were encouraged to join the Consortium for a Healthier Miami-Dade online at www.healthymiamidade.org/membership, and/or share this invite with others who may be interested in participating. 	<p>register to become a member for free online: https://www.healthymiamidade.org/membership/.</p>
Partner Updates	<ul style="list-style-type: none"> Mayra Garcia, Community Liaison for the Elder Issues Committee (EIC)/Senior Community Health Nursing Supervisor, Office of Community Health & Planning, FL Department of Health in Miami-Dade County, Mayra.Garcia@FLHealth.gov. Shared link to take the <u>2025 Miami-Dade County Well-being Survey</u> available in three languages; this survey will collect feedback from residents regarding the health and quality of life in the community and will help develop the next Community Health Improvement Plan (CHIP). Nattaliah Earle, Collective Impact Manager, Urban Health Partnerships (UHP), nattaliah@urbanhp.org, 786-412-0469; shared invite to MDC's Age Friendly Future: Onboarding & Empowerment Summit on May 30th at 12PM at Main Library on Flagler Street, register: https://www.zeffy.com/en-US/ticketing/building-mdcs-age-friendly-future-onboarding-and-empowerment-summit; sponsorship opportunities available. Elena De Cardenas LMHC/Senior Trainer, Sunshine Health; edecardenas@centene.com; shared training opportunities: 1) Florida Sunshine Health Long Term Care trainings for providers webinar series, register online: https://bit.ly/2X3GXw0, & 2) 2025 World Elder Abuse Awareness Day webinar series by Sunshine Health in June, register online: https://attendee.gototraining.com/rt/5952337485530507521; also shared online Older Adult Fall Prevention STEADI resource: https://www.cdc.gov/steady/index.html. Michelle Varas, Administrative Services Manager, City of Miami Human Services; mvaras@miamigov.com. Susan Holtzman, President and CEO, Miami-Dade County Affiliate of the National Alliance on Mental Illness (NAMI), susan.holtzman@namimiami.org; NAMI 	<ul style="list-style-type: none"> EIC members who are subject matter specialists in healthy lifestyles and health promoting topics for older adult population are asked to volunteer to submit written article and/or social media postings for 2023 calendar year; please confirm your interest, topic suggestions via email to liaison: Mayra.Garcia@FLHealth.gov. Written submissions are due by 15th of month prior to publish month.

	<p>Helpline 305-665-2540 (9AM-5PM); programs information go to www.NAMImiami.org.</p> <ul style="list-style-type: none"> • Louisenie Remy, Roxcy Bolton Rape Treatment Center, Louisenie.remy@jhsMiami.org; they have support groups and outreach education on sexual assault prevention; call the Helpline for more information: 24 hours a day, 7 days a week at 305-585-RAPE (7273). • Marjorie York shared upcoming Alliance for Aging Conference on Friday, May 2nd. • Natalia Shtompel, PhD, LCSW, Associate Professor and Doctoral Program Director at Barry University Social Work; psychotherapist; nshtompel@barry.edu. • Witson Faustin, Health Services Representative, Florida Dept. of Health in Miami-Dade, Office of Community Health & Planning; Witson.Faustin2@flhealth.gov. • Kathy Sarmiento, Alliance for Aging SHINE Medicare Counseling/Senior Medicare Patrol Programs; 305-671-6356; sarmientok@allianceforaging.org. • Frances Garcia, Miami-Dade Fire Rescue, Community Assistance/Elder Links Coordinator; garciaf@miamidade.gov; shared online link to Fire Rescue Community Outreach services & programs. • Nuria Serrano, Fire & Life Safety Educator, Public Education Bureau. • Angie Fernandez, Community Outreach, Office of the State Attorney K.F. Rundle; fernang@miamisao.com; 305-547-0724; www.miamisao.com. • Samantha Schmidt, Rovia Clinical, a research center in Miami and Doral focusing on Alzheimer's research...developing new treatments and ways of diagnosing AD earlier to delay onset; sam.schmidt@roviaclinical.com. • Stacey Silver, RDN, Manager of Healthcare Partnerships with Mom's Meals; Stacey.Silver@momsmeals.com, 561-512-7761. • Rob Collins, HOPE, Inc.-We fight housing discrimination; rob@hopefhc.com, 305-651-4673. • Sandra Caballero, Patient Outreach and Enrollment Specialist, Rovia Clinical Research in Miami; Sandra.caballero@roviaclinical.com. 	
Adjournment	Vice-Chair, Nattaliah E. adjourned the meeting at 3:00 PM.	



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Next Meeting	The next Elder Issues Committee meeting is planned as an in-person (with virtual join meeting option) on Tuesday, May 27, 2025 , at 2:00 PM to be hosted by EIC member, Susan Holtzman at NAMI Miami-Dade County , located at 3150 SW 38 th Avenue, #500, Miami, FL 33146.	
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