

CONSORTIUM FOR A HEALTHIER MIAMI-DADE
 Children's Issues Committee Meeting
 Thursday, September 22, 2011

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<p> Amy Olen, Healthy Start Coalition Gillian Sealy, Alliance for a Healthier Generation Imran Ali, Miami-Dade County Community Action Agency Louis Lazo, Miami-Dade County Public Schools – Physical Activity Jan Duemmling, AHG Coach North Miami Elementary Alesha Hall, Miami-Dade County Health Department Victoria McBee, Miami-Dade County Health Department Jacquelyn Balden, Miami-Dade County Health Department Carolina Gutierrez, University of Miami – WalkSafe Katherine Swidarski, University of Miami – WalkSafe Monica Page, University of Miami – Department of Pediatrics Yani Rubio, Villa Lyan Carmen Cortes, Villa Lyan Natalia Coletti, Healthy Start Coalition Regina Roig-Romero, Miami-Dade County Health Department – WIC Victor Bernal, Healthy Matthew Foundation Joyita Garg, South Florida Hospital and Healthcare Association Sasha Robinson, Miami-Dade County Health Department Heidi Agostinho, Foundation for a Breastfeeding Culture Ana Paez, Foundation for a Breastfeeding Culture Short Chef, Short Chef, Inc. Bridget Smith, Miami-Dade County Health Department Alina Soto, Department of Children and Families Suzette Frazier, Department of Children and Families </p> <p> <u>TELECONFERENCE:</u> Manuel Fermin, Healthy Start Coalition Lisa Jones, DTOE Rachel Richardson </p>	
Welcome and Introductions	<p>The monthly meeting of the Consortium for a Healthier Miami-Dade Children's Issues Committee was brought to order by Imran Ali at 9:04 A.M.</p> <p>All members were welcomed and introduced themselves.</p>	

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Approval of Minutes	The minutes from the August 25 th , 2011 Children's Issues Committee meeting were reviewed. A motion was moved to approve the minutes; the motion was seconded.	
Presentation	<p>A presentation was given by Short Chef of Short Chef, Inc.:</p> <ul style="list-style-type: none"> • Professional chef; Initiative: Fighting childhood obesity • Teaches healthy eating, gives healthy cooking demonstrations, etc. • Presented as though meeting attendees were ages 9 and 10 • Held an apple eating contest during the presentation • Did a healthy cooking demonstration in the meeting 	
Work Plan Status Update	<p>The committee reviewed the work plan action items; updates were provided:</p> <p><u>Action Item/ Responsible Owner</u></p> <ul style="list-style-type: none"> • Develop CI committee fact sheets/ fact sheets about prevention – Imran Ali (CAA)/ Natalie Stephenson (MDCHD) <ul style="list-style-type: none"> ○ Fact sheet draft has been developed • Distribution of child health materials – Alina Soto (DCF)/ Manuel Fermin (Healthy Start) – will lead distribution of materials regarding the breastfeeding population; Katherine Swidarski/ Carolina Gutierrez (WalkSafe) <ul style="list-style-type: none"> ○ Responsible owners will meet within a couple weeks • Develop strategies for collaboration – Imran Ali (CAA)/ Katherine Swidarski/ Carolina Gutierrez (WalkSafe) <ul style="list-style-type: none"> ○ Draft will be developed for review/ feedback at next meeting <p>Victoria McBee: Children's Issues snapshot was developed by the consortium liaison, Yessica Gomez, graphing the count and makeup of the Children's Issues committee members, their areas of expertise and types of organizations. *Please see handout</p>	Imran will e-mail drafts of fact sheets and strategies for collaboration documents to be disseminated to the committee for feedback.
CPPW Providers Updates	<p>Alliance for a Healthier Generation – Gillian Sealy (Goal 5):</p> <ul style="list-style-type: none"> • Working with schools to continue message of healthy eating and physical activity • Alliance Fall Technical Assistance session scheduled for 9/28: Workshop for schools (expecting 100 – 125 schools) 	Louis will e-mail Victoria resources for the Consortium website.

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- Schools eligible to receive mini-grants to implement healthier best practices (mini-grant applications being developed); Introduced one of the school coaches, Jan (Cadre of 10 school wellness coaches)
- Reed Alexander (from the show iCarly) visited Melrose Elementary and spoke about healthy living to kids
- Paul Pierce (Boston Celtics) prepared a 15 minute physical activity DVD that will be disseminated to 6th graders (will not replace physical education)

Miami-Dade County Public Schools (MDCPS) – Physical Activity – Louis Lazo (Goal 5):

- Wellness center running smoothly; approx. 30-40 participants per day
- 7th period: Seven schools are participating; can submit the list upon request
- Health education workshops forthcoming: 10/21 (Elementary school teachers), 10/24 (Middle school science teachers – human growth & development), 10/31 (High school personal fitness teachers)

Healthy Start Coalition of Miami-Dade – Natalia Coletti (Goal 8):

- Breastfeeding Taskforce of Miami-Dade convened
- Trainer from Every Mother – Cathy Carothers
- Offered trainings to partners, providers and participating hospitals; Topic: How to help a mother with breastfeeding; building confidence; have enough breast milk supply for baby
- Business Case for Breastfeeding Training refresher
- Some providers are very close to passing worksite lactation policies
- Continuing to provide technical assistance

South Florida Hospital and Healthcare Association – Joyita Garg (Goal 8):

- Worksite lactation policy has been implemented at University of Miami (system-wide): Miller School and Gables Campus have implemented the policy
- Jackson Health System has implemented their policy (in late November 2010; will be assessing implementation in October 2011)
- Baptist Health System is in the process of drafting their policy

(Between all three systems, policies will impact 20,000 employees)

- Baby-friendly initiative: 10 out 14 O.B. hospitals in Miami-Dade are

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participating: One hospital moved to the next step of the designation; another hospital has signed their contract to move to the 2nd step; five hospitals are working on the bridge between step one and step two

University of Miami, WalkSafe – Carolina Gutierrez (Goal 10):

- Have been working on the crossing guard policy; will soon be brought forward to Tallahassee as an amendment, which would provide all municipalities throughout the state of FL with the option to tap into funds through traffic tickets (school zone infractions) to fund crossing guard positions
- City of Miami: there are crossing guards that are being hired, trained and will be put into place at various dangerous locations
- School Traffic Survey: Survey to obtain transportation mode for the students will be disseminated for this school year
- International Walk to School Day (IWalk) Outreach: October is walk to school month; an event will take place on 10/5; additional IWalk events will take place at several schools (Lead: Katherine Swidarski)
- Collaborating with the efforts of Alliance for a Healthier Generation

Department of Children and Families - Alina Soto (Goal 3):

- Parent Pak: Please submit any breastfeeding materials you would like disseminated in the Pak
- DCF disseminates three paks: Nutri Pak (for everyone), Provider Pak (childcare providers), and Parent Pak (parents)
- CBS4 filmed childcare media spots that will be aired in October
- Attended Miami Dolphins Sickle Cell Walk, September 10
- October 20th, 21st, 22nd: Kidokinetics physical activity trainings will soon begin (three separate dates; will be shared)
 - Train providers on gross motor skill activities; provide providers with physical activity materials; lesson plan guidance
- Publix healthy shopping tours for childcare providers, students and parents:
 - Has picked up since school year is back in session
- Suzette and Alina attended a national regulatory association meeting in Pittsburgh; others are talking about the work that Miami-Dade County is doing
- Planning a Children's Wellness Symposium to take place in February 2012

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	<p>UM Department of Pediatrics, Mailman – Monica Page (Goal 3):</p> <ul style="list-style-type: none"> • UM Mailman has trained 953 child care facilities thus far (out of approx. 1400 licensed centers in the county) • Will begin to facilitate booster trainings: After DCF has gone in and observed the centers’ adoptions of the healthier guidelines, the centers that need additional help with implementation are flagged unbeknownst to the centers; UM will then go into the flagged centers and conduct a more extensive training for about two weeks per center • Upcoming large group trainings: September 24th, October 22nd • Attended “Deelish in a Dish” sponsored by MDCHD <p>Miami-Dade County Health Department (WIC) – Regina Roig-Romero (Goal 8):</p> <ul style="list-style-type: none"> • Needs assessment survey (collecting attitudes towards pumping breast milk) was finalized and is now on Survey Monkey (passed around a draft of survey) <ul style="list-style-type: none"> ○ Will be disseminated by Human Resources ○ Preparing the training that health dept. employees will complete through Trak-It (online training portal) • The breastfeeding media piece by CBS4 aired; was filmed at the MDCHD WIC clinic in South Miami 	
<p>CPPW Updates</p>	<p>Bridget:</p> <p>Provided a brief background on Communities Putting Prevention to Work project for any new meeting attendees.</p> <p>Childcare Taskforce team:</p> <ul style="list-style-type: none"> • Currently working on the draft language for the healthy childcare bill; working on having healthier standards (nutrition, physical activity and screen time) enforced in licensed childcare centers; Senator Garcia has taken the lead; we also have obtained additional support from key stakeholders at the state level 	
<p>Upcoming Events</p>	<p>Imran:</p> <ul style="list-style-type: none"> • Upcoming Obesity Symposium presented by University of Miami Miller School 	<p>Jacquelyn will send Victoria health fair</p>

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	<p>of Medicine: (Please see handout)</p> <ul style="list-style-type: none"> o October 10th, 9am – 5pm, contact Irene Hung: 305-243-4882 to RSVP <p>Jacquelyn:</p> <ul style="list-style-type: none"> • Free Health Fair on Saturday sponsored by University of Miami medical students; West Hialeah Baptist Church: 9/24; 3195 West 7th Ave, Hialeah, FL 33012; 9am-3pm <p>Bridget:</p> <ul style="list-style-type: none"> • Make Healthy Happen Miami Event: CPPW Providers will showcase their efforts; September 30th, 2011 at Sofitel Hotel, 8am – 1pm; please RSVP if interested in attending 	<p>flyer to be disseminated to Consortium members</p>
<p>New Business</p>	<p>Imran: Please try to encourage individuals to join the Children's Issues committee; we want to continue to grow and diversify our membership.</p> <p>Victoria: City of Hialeah has a free healthy teen cooking class available for teens; if an interested teenager doesn't live in Hialeah, they can be bused over through the parks & recreation system. For more information, please contact Victoria McBee at victoria_mcbee@doh.state.fl.us</p> <p>There is a forthcoming consortium membership directory in the works. We would like your opinion on whether or not you agree on a membership directory as well as which components should be included: Name? Phone? E-mail?</p> <ul style="list-style-type: none"> • Feedback: Agree with the directory; Name, phone, e-mail should be included <p>Joyita: Through CPPW, breastfeeding providers have created the Healthy Baby, Healthy Mom bag, which will be distributed to the new mothers being discharged at participating hospitals. Pilot: 2,000 diaper bags will be distributed; we've managed to obtain support from the Health & Human Services Office of Women's Health, which will be contributing 2,000 breastfeeding guides; Healthy Start will be contributing breast milk storage educational materials to the bags; if your organization is interested in</p>	<p>Joyita will send Victoria information on Healthy Baby, Healthy Mom bag initiative</p>

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	<p>contributing educational materials to the bags, please contact Joyita; distribution will begin December 2011 – February 2012; will be tracking the mothers to collect data and assess the impact of the initiative</p> <ul style="list-style-type: none"> • Regina: WIC may be interested; will speak with supervisor; is bag designed to replace the otherwise formula that would have been disseminated to the new mothers? (Similar to the “Ban the Bags” movement) • Joyita: Yes 	
Adjournment	The meeting was adjourned at 10:23 AM.	