

**CONSORTIUM FOR A HEALTHIER MIAMI-DADE**  
 Children's Issues Committee Meeting  
 Thursday, October 27, 2011

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<p>           Alina Soto, Department of Children and Families            Sasha Robinson, Miami-Dade County Health Department-WIC            Short Chef, Short Chef, Inc.            Louis Lazo, Miami-Dade County Public Schools – Physical Activity            Yasemin Aksoy, University of Miami            Jan Duemmling, AHG Coach North Miami Elementary            Carol Brogan, Early Learning Coalition            Imran Ali, Miami-Dade County Community Action Agency            Brian Guerdat, University of Miami – Department of Pediatrics            Gillian Sealy, Alliance for a Healthier Generation            Suzette Frazier, Department of Children and Families            Gloria Johnson, Department of Children and Families            Regina Roig-Romero, Miami-Dade County Health Department – WIC            Cheryl Lorie, Miami-Dade County Health Department – WIC            Carolina Gutierrez, University of Miami – WalkSafe            Sheila Simpson, Consulting Registered Dietitians            Yessica Gomez, Miami-Dade County Health Department         </p> <p> <u>TELECONFERENCE:</u>            Angela Manel, Medical Health of Florida            Ernest Theoc, Community Health Trust            Lana Rice, Medicaid Outreach Department            Amy Olen, Healthy Start Coalition of Miami-Dade            Natalia Coletti, Healthy Start Coalition of Miami-Dade            Shayla Walsh, Power U Center for Social Change            Manuel Fermin, Healthy Start Coalition of Miami-Dade         </p>	
Welcome and Introductions	<p>The monthly meeting of the Consortium for a Healthier Miami-Dade Children's Issues Committee was brought to order by Imran Ali at 9:09 A.M.</p> <p>All members were welcomed and introduced themselves.</p>	
Approval of	There was a motion for approval of the September Children's Issues minutes by Alina;	

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Minutes	Imran seconded the motion.	
Work Plan Status Update	<p>The committee reviewed the work plan action items; updates were provided:</p> <p><u>Action Item/ Responsible Owner</u></p> <ul style="list-style-type: none"> <li>• Develop CI committee fact sheets/ fact sheets about prevention – Imran Ali (CAA)/ Natalie Stephenson (MDCHD)             <ul style="list-style-type: none"> <li>○ Draft of CI committee fact sheet was disseminated to committee for review and discussion</li> <li>○ Draft fact sheet about prevention will be developed</li> <li>○ FEEDBACK:                 <ul style="list-style-type: none"> <li>▪ Minor grammatical errors</li> <li>▪ Reformat for a “fact sheet appearance”</li> <li>▪ Focus more on Children’s Issues committee initiatives and not just those of the partners</li> <li>▪ Replace “Communities Putting Prevention to Work” with “Make Healthy Happen Miami” (longer shelf life)</li> </ul> </li> </ul> </li> <li>• Distribution of child health materials – Alina Soto (DCF)/ Manuel Fermin (Healthy Start) – will lead distribution of materials regarding the breastfeeding population; Katherine Swidarski/ Carolina Gutierrez (WalkSafe)             <ul style="list-style-type: none"> <li>○ Conference call meeting was held</li> <li>○ DCF distributes the Parent Pak/ Provider Pak (informational packages)</li> <li>○ Healthy Start will be including educational breastfeeding information (i.e. breast milk storage) in the DCF Paks</li> <li>○ Presentation/ informational table at an upcoming regional conference</li> </ul> </li> <li>• Newsletter – Rotating responsibility among CI committee members; submissions sent to Victoria McBee; Yessica:             <ul style="list-style-type: none"> <li>○ Committee has been successfully submitting newsletter articles for the Consortium Connection; Villa Lyan submitted for September; Luis Lazo will be submitting for October; Joyita Garg will be submitting for November (copy of September newsletter was disseminated)</li> </ul> </li> <li>• Develop strategies for collaboration – Imran Ali (CAA)/ Katherine Swidarski/ Carolina Gutierrez (WalkSafe)             <ul style="list-style-type: none"> <li>○ Draft has been developed for review; will be disseminated for feedback from CI committee members</li> </ul> </li> </ul>	<p>Draft documents will be resent to committee members for feedback</p> <p>Committee members will e-mail Victoria feedback on the fact sheet and strategies for collaboration</p>

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	<ul style="list-style-type: none"> <li>• Presentations – Speaker's Bureau           <ul style="list-style-type: none"> <li>○ The Consortium has a Speaker's Bureau for those who are interested in signing up to present on any health related areas of expertise; please sign on to the Consortium website to join (several members expressed interest)</li> </ul> </li> </ul>	
<p>CPPW Updates</p>	<p>Yessica:</p> <p>Childcare Centers policy: FL statute (childcare) was drafted and submitted to Senator Rene Garcia; currently focusing on obtaining a House representative to support the bill</p> <p>Safe Routes to Schools policy: The amended FL statute (crossing guards) was submitted to Senator Rene Garcia</p> <p>Farmers Market: Initiative finally starting; South FL Regional Planning Council will be the entity that will be working with our farmers' markets; more info will soon be provided</p> <p>Media: Make Healthy Happen Miami (MHHM) website is live; VS Brooks (Hispanic media provider) is currently working on the Spanish translation of the website; Circle of One (Haitian media provider) is currently working on the Creole translation of the website</p> <p>MHHM Showcase took place on 9/30; CPPW providers showcased their initiatives and discussed their efforts among each other as well as among community partners</p> <p>Breastfeeding (WIC &amp; Nutrition): The lactation worksite policy was announced to all Miami-Dade County Health Department employees; breastfeeding employee survey was also launched; found there are more pregnancies than proposed; may be getting another hospital on board; many organizations participating in diaper bag initiative; if anyone has educational information related to Maternal and Child Health, it can be included in the bags</p>	
<p>CPPW Providers Updates</p>	<p>Healthy Start Coalition of Miami-Dade – Amy Olen (Goal 8):</p> <ul style="list-style-type: none"> <li>• Last night, Miami Beach Community Health Center passed a policy for</li> </ul>	<p>Luis Lazo forwarded resources for website; Victoria will upload</p>

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	<p>breastfeeding support of employees (only community health center thus far)</p> <ul style="list-style-type: none"> <li>• Avanti Support and Services passed a policy last month as well</li> <li>• November 30<sup>th</sup>: Breastfeeding Taskforce of Miami-Dade meeting will convene; 50 members</li> <li>• December 8<sup>th</sup>: Webinar conducted by Every Mother (Authors of the Business Case for Breastfeeding):             <ul style="list-style-type: none"> <li>○ Topic: Making connections with mothers to support them on their breastfeeding goals</li> </ul> </li> <li>• November 3-6<sup>th</sup>: Academy for Breastfeeding Medicine will be having their 16<sup>th</sup> annual international meeting in Miami; HSCM-D will be having a booth at that event along with the other breastfeeding providers</li> <li>• Manny: Healthy Start is willing to offer breastfeeding/ worksite lactation policy technical assistance to interested organizations in the Consortium</li> </ul> <p>Department of Children and Families - Alina Soto (Goal 3):</p> <ul style="list-style-type: none"> <li>• October 20<sup>th</sup>, 21<sup>st</sup>: Physical activity trainings took place with 400 providers at the Gwen Cherry Gymnasium and Goulds Gymnasium             <ul style="list-style-type: none"> <li>○ Provided educational materials; trained providers on gross motor skill activities; provide providers with physical activity materials; lesson plan guidance</li> <li>○ Will follow-up by disseminating 1,000 kits into the community including a technical assistance encounter with each facility receiving kit</li> </ul> </li> <li>• CBS4 filmed childcare media spots</li> <li>• DCF disseminating three paks: Nutri Pak (for everyone), Provider Pak (childcare providers), and Parent Pak (parents)</li> </ul> <p>Miami-Dade County Public Schools (MDCPS) – Physical Activity – Louis Lazo (Goal 5):</p> <ul style="list-style-type: none"> <li>• Completed health education workshops; provided resources: 10/21 (Elementary school teachers), 10/24 (Middle school science teachers – human growth &amp; development), 10/31 (High school personal fitness teachers)             <ul style="list-style-type: none"> <li>○ Short Chef participating</li> </ul> </li> <li>• Wellness center running smoothly; numbers increased: approx. 50 participants per day</li> </ul>	<p>on the Consortium site</p>
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- 7<sup>th</sup> period: Numbers have increased; 12 participating high schools
- SPARK is at 100%; all elementary PE teachers implementing curriculum
- Dr. Jayne Greenberg was appointed by Obama to be on the President's Council on Fitness, Sports and Nutrition
- Submitted child health related resources for Consortium website

University of Miami, WalkSafe – Carolina Gutierrez (Goal 10):

- Senator Rene Garcia on board with crossing guard policy; Representative Eddy Gonzalez will also offer support
- School Traffic Survey: Survey to obtain transportation mode for the students will be disseminated for this school year; some questions were revised; survey should be going out this week
- International Walk to School Day (IWalk) Outreach: October is walk to school month; IWalk events will take place at various schools; after October, will continue to implement the promotion of safe active transportation to and from school

UM Department of Pediatrics, Mailman –Brian Guerdat (Goal 3):

- UM Mailman has trained 1000 child care facilities thus far (out of approx. 1400 licensed centers in the county); 350 facilities have declined or are closed
- New staff on board who are reaching out to facilities who have not participated in the trainings as of yet
- More experienced staff will begin to facilitate booster trainings: After DCF has gone in and observed the centers' adoptions of the healthier guidelines, the centers that need additional help with implementation are flagged unbeknownst to the centers; UM will then go into the flagged centers and conduct a more extensive training for about two weeks per center

Miami-Dade County Health Department (WIC) – Regina Roig-Romero (Goal 8):

- Needs assessment survey (collecting attitudes towards pumping breast milk) was finalized and has been disseminated to all Miami-Dade County Health Department employees
- Only about 100 out of 800 employees have completed the survey thus far so please encourage your coworkers to complete the survey if you work for

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	<p style="text-align: center;">Miami-Dade County Health Department</p> <p>Alliance for a Healthier Generation – Gillian Sealy (Goal 5):</p> <ul style="list-style-type: none"> <li>• Continuing to work with cadre of coaches working with schools to continue message of healthy eating and physical activity             <ul style="list-style-type: none"> <li>○ One coach was selected as one of the National Champions for Alliance Nationwide</li> </ul> </li> <li>• Focusing more heavily on getting students engaged; selected a member for the Youth Advisory Board</li> <li>• Working with PTA president regarding health and wellness in schools</li> <li>• Close to launching mini-grants that will go to eligible schools</li> <li>• Working with worksite wellness (WW); co-presenting with WW at an Alliance webinar on school employee wellness programs</li> </ul>	
<p>New Business</p>	<p>Yessica:</p> <p>Worksite Wellness team is currently offering free technical assistance to organizations interested in worksite wellness within their organizations (see handout); you may also sign up on the Consortium website</p> <p>Children's Issues committee survey will be disseminated within the next couple months; satisfaction survey; feedback on committee in general</p> <p>Imran: Is there a plan for sustainability?          Weller: Yes; actively searching for opportunities for sustainability</p> <p>Yessica: May be able to work on grant opportunities as a committee.</p> <p>Imran: Reviewed the Children's Issues Committee Quarterly report submitted; asked for feedback</p>	
<p>Upcoming Events</p>	<p>Alina: December 3<sup>rd</sup>, DCF will be having a Family Fun Day in the park; large event</p> <p>Weller: Annual Consortium event will be held on January 27<sup>th</sup>; further details forthcoming</p>	<p>DCF event information will be disseminated by Victoria</p>

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Adjournment	<p>Please note that the next meeting will be held one week early on November 17<sup>th</sup> due to the Thanksgiving holiday.</p> <p>The meeting was adjourned at 10:22 AM.</p>	