

**Consortium for a Healthier Miami-Dade**  
**Worksite Wellness Committee**  
**Thursday, August 4, 2011**

<b>TOPIC</b>	<b>DISCUSSION</b>	<b>ACTION NEEDED</b>
Members Present	<ol style="list-style-type: none"> <li>1. Tedd Marefka, Health Choice Network, <i>Chair</i></li> <li>2. Gabrielle Solomon, Health Foundation of South Florida, <i>Vice-Chair</i></li> <li>3. Kary Suarez, Office of Community Health &amp; Planning, MDCHD, <i>Liaison</i></li> <li>4. Karen Weller, Office of Community Health and Planning, MDCHD, Executive Board Chair</li> <li>5. Kerri-Anne Parkes, Office of Community Health &amp; Planning, MDCHD</li> <li>6. Gayle Dietz, Dietz &amp; Associates</li> <li>7. Gabriel Zdircu, Passport Health</li> <li>8. Kent Chesseboro, CAA</li> <li>9. Shawn Ramirez, MDC Parks</li> <li>10. Marlene Rodriguez, FHRI</li> <li>11. Laura Denoux, American Heart Association (via phone)</li> <li>12. Katiana Diaz, YWCA (via phone)</li> </ol>	
Welcome and Introductions	The meeting was brought to order by Tedd Marefka at 9:35 AM.	
Approval of Minutes	<p>The July minutes were reviewed by the committee.</p> <p>Kerri-Anne Parkes made a motion to approve the minutes. Gabriel Zdircu seconded the motion.</p>	
Introduction of new Chair	Tedd Marefka briefly introduced himself and expressed enthusiasm in taking on the leadership position of chair of the worksite wellness committee.	
New Consortium Website	Kary Suarez provided an overview of the consortium's new website with an emphasis on the worksite wellness committee's tab which includes its description, initiatives, recourses, meeting minutes, events and announcements, and membership. All members that desire to post resources and/or announcements onto the website must email the chair and vice chair for approval. Upon approval, Kary will then post the requested information to the website. The committee fact sheet was cited as an example and can be	

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	<p>found at:  <a href="http://www.healthymiamidade.org/system/js/back/ckfinder/userfiles/files/CommitteeFactSheetFINAL.pdf">http://www.healthymiamidade.org/system/js/back/ckfinder/userfiles/files/CommitteeFactSheetFINAL.pdf</a> </p>	
<p>Key Items From Work Plan</p>	<p>a. Community Forums</p> <ul style="list-style-type: none"> <li>i. Upcoming Forum: The Committee agreed to utilize Jamie Seidner as the nutrition guest speaker at the September 14<sup>th</sup> Forum at the Kodak Center. Gabrielle provided a brief overview of Jamie’s work and experience</li> <li>ii. Future Forums:             <ul style="list-style-type: none"> <li>a. Outreach Tactics (See Action Needed)</li> <li>b. Obtain CEU’s and similar credits</li> <li>c. Create a lecture series out of the forum’s</li> </ul> </li> <li>iii. Annual Event Discussion             <ul style="list-style-type: none"> <li>a. Last year there were approximately 150 attendees</li> <li>b. Tedd envisions an awards ceremony that educates attendees on the process of developing a successful worksite wellness program so that they may develop one in their organization and apply to potentially have the ability to be nominated as a winner for the following years award ceremony</li> <li>c. Tentatively scheduled from 10:30 am - 4:00 pm</li> </ul> </li> <li>iv. Membership Drive             <ul style="list-style-type: none"> <li>a. Suggested topics included: vending machines, packing lunches, and obtaining samples from local healthy restaurants i.e. Sergio’s healthy menu options</li> </ul> </li> </ul>	<p>The structure and content of the forum in more detail will be discussed at the next committee meeting.</p> <p>For more details, an event flyer of the forum will be distributed to all consortium members.</p> <p>ii.a. Outreach: Tedd asked for all members to extend the invitation of the forums to other community partners that are not current members and promote the committee’s membership.</p> <p>ii.b. Continuing Education Credit: The committee’s leadership team will analyze the logistics of obtaining credits for the forums and awards ceremony annual event.</p> <p>ii.c. The committee’s leadership team will further analyze the potential of creating lecture series out of the forum’s.</p> <p>iii.c. Disseminate a press</p>

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	<ul style="list-style-type: none"> <li>b. Participate in vendor fairs</li> <li>c. Partnerships with other community organizations</li> </ul>	release as well as contact CBS4 to have potential media coverage the day of the awards ceremony event.
CPPW Monthly Updates	Karen Weller provided updates on the CPPW Miami-Dade Highlights, Media Campaign, and National Highlights. Karen Weller made a presentation at the August meeting on CPPW milestones and deliverables	
MDCHD WW Team/ Updates	Kerri-Anne provided updates regarding Goal 11's Worksite Wellness progress. An onsite WW training with several community partners are scheduled to be conducted and reported on in terms of their success including a policy implementation at the site.	
Announcements	<ul style="list-style-type: none"> <li>-Laura (American Heart) reminded everyone about the October 29<sup>th</sup> Heart Walk at FIU.</li> <li>-Gabriel (Passport Health) reminded everyone that August is immunization month.</li> <li>-Tedd Marefka reminded everyone that September is <i>bring a friend to the committee meeting</i> month.</li> </ul>	Create/coordinate a committee team for the Heart walk.
Next Meeting	September 1st at 9:30 AM at the Beacon Center.	
Adjournment	Tedd Marefka adjourned the meeting at 11:30 AM.	