

Consortium for a Healthier Miami-Dade
Worksite Wellness Committee
Thursday, July 7, 2011

TOPIC	DISCUSSION	ACTION NEEDED
Members Present	<ol style="list-style-type: none"> 1. Karen Weller, Office of Community Health and Planning, MDCHD, Executive Board Chair 2. Gabrielle Solomon, Health Foundation of South Florida, Interim Chair 3. Kary Suarez, Office of Community Health & Planning, MDCHD, Liaison 4. Kerri-Anne Parkes, Office of Community Health & Planning, MDCHD 5. Suzanne Johnson, Office of Community Health & Planning, MDCHD 6. Tedd Marefka, Health Choice Network 7. Dennys Gonzalez, Miami-Dade County 8. Monica Hoo, Miami-Dade County 9. Laura Denoux, American Heart Association 10. Debbie Stewart, County Workers Comp 11. Jimena Tovar, DCF 12. James Cassidy, IIN 13. Marlene Rodriguez, FHRI 14. Jan Duemmling, North Miami-Healthy Schools 15. Linda Sullivan, HERO 16. Joan Sampieri, Hero 17. Gabriel Zdircu, Passport Health 	
Welcome and Introductions	The meeting was brought to order by Gabrielle Solomon at 9:30 AM.	
Approval of Minutes	<p>The June minutes were reviewed by the committee. - minor corrections were requested</p> <p>Monica Hoo made a motion to approve the minutes. Karen Weller seconded the motion.</p>	Kary will make the needed corrections to the meeting minutes.
Miami Dade County Presentation	As part of overall efforts to increase sharing of lessons learned among committee members, the committee piloted a new community presentation agenda item. Dennys Gonzalez of Miami Dade County shared what the county has been doing with regards to employee wellness, sharing among other things the committee's vision, mission, goals logo/tagline. General	

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	<p>Services Administration (GSA) has been appointed as the county’s wellness coordinator. Dennys also highlighted the Worksite Wellness One of the major steps in coordinating wellness across the multiple county departments and thousands of employees will be an online portal. GSA is also planning an inventory of current efforts. It was also emphasized that the process of implementing a wellness program for MDC employees has been slow going, but they see the value and the potential for MDC to serve as a model countywide.</p>	
Work Plan	<p>The work plan was reviewed by committee members and minor updates were requested. Additional participation towards the efforts of completing the work plan was called for. The finalized work plan will be reviewed by the new leadership team of the worksite wellness committee and updates will be provided at the next meeting.</p>	<p>At the next meeting, Kerri-Anne will provide committee members with a finalized work plan.</p>
CPPW Monthly Updates	<p>Karen Weller provided updates on the CPPW Miami-Dade Highlights, Media Campaign, and National Highlights. Handouts including all the updates were provided to attendees.</p>	<p>Karen Weller to make a presentation at the August meeting on CPPW milestones and deliverables</p>
MDCHD WW Team/ Updates	<p>Kerri-Anne provided updates regarding Goal 11’s Worksite Wellness progress.</p> <ul style="list-style-type: none"> - The quarterly report was completed and submitted. An onsite WW training with Curley’s House of Style was conducted and reported to be a success including a policy implementation at the site. - A meeting was held with the senior leaders at the MDCPS and progress is intended to be made with them. - Next steps include scheduling TA’s, assisting with the implementation of policies, and strengthening the Worksite Wellness initiatives in MDC. 	
Worksite Wellness Forums/ Awards Ceremony	<p>On June the 30th of 2011, the worksite wellness committee hosted “Fitting Fitness into the Workplace” with Laura Denoux from American Heart Association as our guest speaker. She did a wonderful presentation on the My Start! Tracker, Walking Program, Fit-Friendly Company Recognition, and Heart Walk. There were a total of 30 attendees and evaluation forms indicate high satisfaction with the overall event as well as future forum</p>	

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	<p>focused on nutrition.</p> <p>Upcoming Forum: September 28, 2011 from 1:30pm-4:30pm. Upcoming Awards Ceremony: April 13, 2011</p>	<p>Leadership Team: Upcoming Forum topic, speaker, and location are TBD. Planning is in effect ASAP. Leadership Team: Upcoming Awards Ceremony details are TBD. Planning is in effect ASAP.</p>
<p>Other committee issues</p>	<p>The issue of initiatives related to health observances has been taken to the Executive Board, but due to the many monthly observances, standardizations across committees has been difficult so the task has been passed back down to the committee level. Gabrielle asked if there were specific observances and strategies that the committee was interested in pursuing.</p> <p>Gabrielle also updated the committee on her efforts to establish an online users group through such venues as LinkedIn for committee members to communicate. However the Consortium cannot use this site for security purposes. It was decided that committee members have each other's email addresses and can communicate as needed. The overarching issue of connectivity is important and will be addressed moving forward.</p>	
<p>Voting for committee Chair position</p>	<p>Tedd Marefka, nominated as new chair of the committee provided a brief bio of himself and voting took place.</p>	<p>Kary will count the ballots and provide committee with the results at the next meeting.</p>
<p>Announcements</p>	<p>-Laura (American Heart) reminded everyone about the October Heart Walk. -Gabrielle and Kerri-Anne presented useful resources including a grant opportunity from Health Foundation of South Florida and a federal grant opportunity in wellness</p>	<p>Kerri-Anne will share documents with Consortium members via an email blast.</p>

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Next Meeting	August 4th at 9:30 AM at the Beacon Center.	
Adjournment	Gabrielle Solomon adjourned the meeting at 11:30 AM.	